

*Module 2: What Does Wellness Mean for Our Staff Members?*

**Handout F-3: Screenings Are Not Just for Kids—Table 3**

<b>Screenings</b>	<b>What Is It? What Is It For?</b>	<b>How Often Do We Need It?</b>	<b>How Easy Is It To Do/Receive?</b>	<b>Personal or Community Barriers/Other Comments</b>
<b>Dental Exam</b>				
<b>Physical Exam</b> • height • weight • overall well-being				
<b>Eye Exam</b> • glaucoma • vision				
<b>Pap Smear/ Pelvic Exam (for women)</b>				

*For use with Activity 3*