

Module 2: Linking Health & Social Competence

Handout D: Jelani's Story

Jelani, 2½, has a hard time getting started most days. He often enters the group by grabbing a toy or disrupting an activity that another child is engaged in during free play time. He seems to alternate between cranky/irritable and lethargic/low energy, with nothing in between. Jelani is pale and thin. The teachers have noticed that his behavior improves after snack time and that he wolfs down food at snack and lunch time, particularly on Mondays.

A. What factors could be limiting Jelani's social competence:

Physical: _____

Emotional: _____

Spiritual: _____

Social-Cultural: _____

Environmental: _____

B. Given the possible causes you have listed, what can you do to help:

Right now: _____

Long term: _____