

## Module 2: Linking Health & Social Competence

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### Handout E: Dwayne's Story

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Dwayne is feeling great this morning. He arrives at work in time to carefully plan his schedule of home visits for the day. He takes a few moments to reflect on the challenges he might face at each visit and visualizes strategies or techniques he might draw upon to help. Out in the field, he is able to handle the no-shows and other frustrations of the day without losing his cool. Dwayne is diabetic, and has been working hard with his doctor to get his insulin level adjusted correctly. Today he remembered to carry snacks with him and allowed time in his schedule to do his blood sugar level tests.

**A. What factors could be supporting Dwayne's social competence?**

Physical: \_\_\_\_\_

Emotional: \_\_\_\_\_

Spiritual: \_\_\_\_\_

Social-Cultural: \_\_\_\_\_

Environmental: \_\_\_\_\_

**B. Given the possible causes you have listed, what can you do to help maintain and support social competence?**

Right now: \_\_\_\_\_

Long term: \_\_\_\_\_

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