

Module 2: Linking Health & Social Competence

Handout F: Kyle's Story

Kyle was late to work because she had a fight with her boyfriend this morning. They have been fighting a lot lately. On the way to work she began to have a headache and upset stomach. When she arrived she entered a room where the children in the housekeeping area have started to play in a way that could be dangerous—they are climbing onto the playhouse roof and jumping off. Kyle finds herself yelling at the children and being a bit rough with the leader of the group as she leads her away to talk about it. Kyle feels very angry. At recess, her teaching team partner suggests some ways she might have handled the situation differently, and Kyle yells at her.

A. What factors could be limiting Kyle's social competence?

Physical: _____

Emotional: _____

Spiritual: _____

Social-Cultural: _____

Environmental: _____

B. Given the possible causes you have listed, what can you do to help?

Right now: _____

Long term: _____