

*Module 3: Planning for a Healthier Tomorrow*

---

**Handout K-1: Team B** *(copy onto red card stock and cut out)*

---

**A Bad Back**

**Injury Through Family Violence**

*For use with Activity 1*

## Module 3: Planning for a Healthier Tomorrow

---

### Handout K-2: Team B (copy onto yellow card stock and cut out)

---

<b>exposed to asbestos</b>	<b>living with lots of air pollution</b>	<b>isolate yourself from friends and family</b>	<b>believe that you must excel at everything</b>	<b>lift children quickly and without bending knees</b>
<b>be overweight</b>	<b>believe that children must behave all of the time</b>	<b>live with someone who abuses alcohol or other drugs</b>	<b>watch TV more than three hours each day</b>	<b>eat late at night</b>
<b>have unmet needs left over from childhood</b>	<b>living with a smoker</b>			