

Early Experiences Elevate Everything: How the Early Years Influence the Life Course

Thursday, July 23, 2015 11:15am - 12:15pm

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DESCRIPTION

Dr. Dipesh Navsaria will discuss the fundamentals of early brain and child development and how this science informs programs and policies which affect people. Concepts of relational health, toxic stress, and early adversity will be reviewed, as well as broad principles of the types of interventions that make a difference.

OBJECTIVES

Participants will be able to:

1. State the basic principles of early brain and child development, including adverse childhood experiences.
2. Recognize how relationships fundamentally push child development forward and provide a buffer against adversity.
3. Apply the science to how we drive changes in programs and policies that affect people around us.

WHAT DID YOU LEARN FROM THIS PRESENTATION?

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HOW CAN YOU USE THIS INFORMATION IN YOUR WORK?

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EXPLORE RELATED RESOURCES

- View **How Early Experiences Get Into the Body: A Biodevelopmental Framework**, Center for the Developing Child Harvard University at: http://developingchild.harvard.edu/resources/multimedia/interactive_features/biodevelopmental-framework/
- View **Prenatal Brain Development: Nurturing Babies in a Healthy Environment Webcast** at: <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/ehsnrc/cde/brain-dev/WebcastPlenaryB.htm>
- View **Webisode 4: The First Three Years** at: <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/ehsnrc/comp/program-design/ee-orientation-2.html#link4>
- Read **Infants' Grasp of Others' Intentions** at: <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/ehsnrc/btt/docs/plenary-infants-grasp-of-others-intents-article.pdf>
- View **How Early Experiences Alter Gene Expression and Shape Development**, Center for the Developing Child Harvard University at: http://developingchild.harvard.edu/resources/multimedia/interactive_features/gene-expression/
- View **The Spectrum of Neglect: Four types of Unresponsive Care**, Center for the Developing Child Harvard University at: http://developingchild.harvard.edu/resources/multimedia/interactive_features/four_types_of_unresponsive_care/
- View **Toxic Stress Derails Healthy Development**, Center for the Develop Child Harvard University at: http://developingchild.harvard.edu/index.php/resources/multimedia/videos/three_core_concepts/toxic_stress/
- View the power point **Building Baby Brains: The Importance of Early Experiences** at: http://developingchild.harvard.edu/resources/multimedia/videos/three_core_concepts/brain_architecture/