



Seven-Step Process for Family Goal-Setting: Teaming Together

Be patient until they are ready
start where the family is currently
Goals need to be based on where the family is.
That it is really hard to get families to set meaningful goals
Parents often have goals but may have never been asked before....
approach families in a strength based
Goals should be realistic
build on strengths
be respectful
parents come first
relationships are KEY!
Set SMART Goals
Goals need to belong to the family
Goals need to be realistic
Should be SMART
Assess the family
meet the family where they are, and find a mutual goal to get started
family driven
Find strengths and needs when establishing goals
Have families build on their strengths
SMART Goals
Defined in a way family understands
Differentiating between our goals and the family's goal
Build rapport
Don't try to influence
not sure what goals are
respect parent's viewpoints
Goals should be BROAD
goals are Specific Measurable Attainable, Realistic, Timeframe
Goal setting beside families is to set goals with families from where they are and take one step at a time in the areas of their greatest need first and move forward with their strengths and weaknesses.
Families owned
Ask family "what is their dream"
let family be ready
Objectives are SMART
start out with a couple of goals, you can always build on that and you won't overwhelm the family
Goals can be big and that's okay. Work with families to set smaller goals and take steps to reach the larger one they might have.
work with family to set goals together
establish relationships and trust and build on family strengths



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Quick process for goal setting with parents
Family Partnership Agreements belong to the parents, they are in the drivers seat!
How to get parents/families involved
listen the family
how far can we go with our families
how to establish a meaningful goal for the family
We help steer them and direct.
how to follow up on FPA
best ways to talk to parents
How to get families on board and working with you so they feel they are equals
Head Start expectations for documentation
Looking forward to learning more about any particular details that will help to get parents motivated.
How to simplify the process of goal setting (with often overwhelmed staff and families!).
how to get them to prioritize
review the goals often to keep families on track
the most user friendly template for family partnership agreements
how do you track goals?
keeping the family focus on their goals
how to get families to commit to goals?
wynola hawkins happy for all the sessions
How to help families better
how to best collaborate with other providers so that the work is not being duplicated.
How to set goals and ensure goals are being met or even worked on
how to you measure impact of your work with families
when would you suggest, how soon should FPA's be established after families have entered the program
HOW TO FOLLOW UP ON FPA
What is the best way to assess the progress of a goal that has been set?
how can we promote more father involvement
how to motivate families
How to motivate parents to commit to goals.
Some families are in living in a crisis situation. It can be difficult to know where to begin as a home visitor
what type of realistic expectations to have of families
how often do you follow up on goals
How to get the families to see the importance of setting goals
How to support families with the succession of the goals
Before you can help them create goals you need to ask...what are your dreams?
I had the parent goals and gave them training they wanted, and no parents came to the training. How to get families to meetings...
Is there a family assessment tool that Head Start prefers that we use?



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TRUST
they listen
Trust
Trust
felt safe
trusted them
comfortable
I trusted them
Trust
confidence
safe
Relationship!
active listening
I felt safe
Strong Relationship
That they were really interested in me
They listened with out interuption
comfortable
Proud
Building a relationship frist
active listening
Trust and positive feedback
Supported
having a trusting and open relationship with the parson
trust
non judgemental
They had understanding
knowing that person
felt respected
non judgmental
not being judged
They really seemed to care what I said
building that repor
that i value their opinions
they seemed intrested
support in how to develop appropriate goals
I had a bond with that person and trusted them.
made them feel welcome
focused
time



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Trustworthy
Dr. Richard was amazing at the headstart conference in New Orleans
open to listening
they listened
checked back with me to see how I'm doing
motivated by them
Invested in me
They support me
respect values, beliefs
building a rapport
I had respect for that person.
felt loved
same responsibility and goals for the child that the parents have
They showed an interest in me!
They truly wanted to know what I needed
like how parents are center and how their goals are important
Partner with the parents from the beginning...to earn their trust and respect
Make sure you only have one window open
Break the big goal into small steps
Good information, useful reminder to start small & go one step at a time.
This is great, breaks it down to a level where you can digest the information. I have a starting point now.
First we need to build trustful, respectful relationship with the family.
very informative
Oh you are so right. We must meet our families where they are, where they are comfortable to truly affect their lives.
A wealth of purposeful and practical information. Could have used two hours.
Sounds good about allowing the time, but our program dictates time frames
thank you for a very special training...we love the children...this will bring us closer to the parents...excellent!
Using self reflection while setting goals and using your questions gives us a better understanding of where the family is going
What forms do some programs use to help with strengths and needs, is it something you have made up or a Head Start form?
In terms of immigration status - it can be an unrealistic goal
first steps.
We have a needs assessment that questions are built into our Data system, We also use family outcomes profile that is also built in.
We have our own forms that helps parents think about what/where the families want to go
I am so proud of the families on my caseload. We went through a lot of bad and good experiences together. They taught me to be more observant and responsive person.
What is the difference between a dream and a goal?



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the process is the relationship building
We must help instill hope through dreams and goals. We lead/coach through the process.
All families are encourage to set a goal and steps toward the goal is documented that it has been acheived.
a dream is an idea and or thought but a goal is a dream that has a plan to reach it
How do others explain the Family Partnership Agreement??
First is a dream, then we set up the goal based on what we want to achieve. The reality shapes our dreams...
I like the 'salt to make him thirtsy'
Good Question Syndy! Sometimes its hard to explain some times
I love the dream and goal comparison... dreams sound so much more comforting
SOMETIMES HAVING FAITH IS DARING THE SOUL TO GO BEYOND AND ACHIEVING THOSE GOALS.
and you can still form them into goal
great session!
yes it was
great information
goals can be achieved by working together. Great session
Thanks for the parts of the session that I could see and hear! informative
So true, it is important that we not use bureaucratic language with our families. Goal is a bureaucratic word.
Great session!
good presentation
Great Presentation
Real good information
love this type of learning
Excellent session
Great session!
Thank you.
Thank you presenters --an excellent well of information to implement
I love it!! will create a goal driven sheet to discuss with parents.
Great, realistic and useful information. Thank you so much!
I loved to the salt to make him thristy story. Super dupper fabulous presentation.
Good information
Great presentation
thanks. Great presentation. very useful tips.
Thank you
Thank you
ThanK You
Thank You
I really like this video!
We will use this in training staff. Thanks.



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Great presentation and we should always encourage our parents in a positive way
that was an enjoyable session