



## Webinar C5

### ***Engaging Families Using Motivational Interviewing Strategies & Principles***

#### **Professional Development Supplemental Material**

##### **Pre- Webinar**

Questions for Reflection:

1. Are current communication methods effective in your work with families? Is there a similar approach?
2. Are there any families with whom you would like to improve your communication?

Review the following:

Tooth Talk Moments – An Example of Motivational Interviewing

<http://www.youtube.com/watch?v=HF3ugg3xZVI&feature=youtu.be>

##### **During Webinar**

###### **Slide 19:** Discussion

Open a discussion with the participants about acceptance, what it means to them, and in what ways do they like to be acknowledged and accepted in their home and work environments. Discuss how understanding this feeling and feeling accepted oneself impacts one's ability to be more accepting of families and meet them where they are.

###### **After slide 32:**

Role Play 1: Ask for two volunteers to play the role of the relevant parties in the scenarios below. Use the persuasion technique.

Suggested Scenarios:

- Parent is bringing the child to school late on a regular basis.
- Staff person is consistently late submitting documentation.
- Child is overdue for a dental follow up visit.
- Common scenario of your choice that occurs in your center.

Role Play 2: Ask for two volunteers to play the role of the relevant parties in the scenarios below. Use the motivational interview technique.

Suggested Scenarios:

- Parent is bringing the child to school late on a regular basis.
- Staff person is submitting documentation in late regularly.
- Child is overdue for a dental follow up visit.
- Common scenario of your choice that occurs in your center.

Discussion:

1. How do you think it felt from each perspective?
2. Which technique do you usually use? Which technique would you like to use?

**Slide 33:** Discussion Questions

1. Which method is more common and why is that?
2. How does pressure from supervisors or other manager affect how we approach families?
3. How do we determine if caseload sizes, workloads, policies, expectations are making it harder to have effective conversations with families?
4. How effective are the methods we use? Are they engaging families? Do they convey respect for families and of what they are capable of?

### **Post Webinar**

Discussion Questions for Staff

1. What do you find to be strengths of the Motivational Interviewing approach to working with families?
2. Being respectful of the family's confidentiality, share a general situation that is happening with a family that is enrolled in your program with whom you would like to share this approach?
3. What challenges do you see in implementing this type of approach?

Discussion Questions for Administrators

1. As an administrator, how comfortable do you feel supervising staff that are using this approach?
2. What are some steps you can take to help staff become more familiar and increase their competence with the motivational interviewing technique?