

The Importance of Experiences in Infancy for Later Learning

Tuesday, July 21, 2015 11:15am - 12:15pm

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DESCRIPTION

Our understanding of early brain development tells us that babies' brains are rapidly expanding and their minds are growing. What does this mean for those of us who contribute to their care and learning? This presentation deepens our understanding of how the brain is growing in the first years of life and its implications for how infants and young children are learning – and of what adults can do to help establish a strong foundation for growing minds and personalities.

OBJECTIVES

Participants will be able to:

1. Describe the development of self-regulation during infancy.
2. Provide an example from language learning of how the brain reorganizes itself based on early experience.
3. Identify three practices that adults can use to promote early learning in infancy.

WHAT DID YOU LEARN FROM THIS PRESENTATION?

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HOW CAN YOU USE THIS INFORMATION IN YOUR WORK?

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EXPLORE RELATED RESOURCES

- Read ***The Foundations for School Readiness: Fostering Developmental Competence in the Earliest Years*** at: http://eclkc.ohs.acf.hhs.gov/hslc/hs/resources/ECLKC_Bookstore/PDFs/TA6%5B1%5D.pdf
- Read ***The Foundations of Lifelong Health Are Built in Early Childhood*** at: <http://developingchild.harvard.edu/search/?cx=001599101917928556767%3Acfzjkqwnv8&cof=FORID%3A9&ie=UTF-8&q=Early+Experiences+Lay+a+Foundation+for+Healthy+Development&sa=Search&siteurl=developingchild.harvard.edu%2F&ref=8&ss=18310j22843034j68>
- Review ***Head Start Early Learning Outcomes Framework*** at: <http://eclkc.ohs.acf.hhs.gov/hslc/hs/sr/approach/pdf/ohs-framework.pdf>
- Read ***Early Head Start Tip Sheet: How do we support services for infants and toddlers in the birth-to-five program*** at: <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/ehsnrc/docs/TIP%20SHEET%2025.pdf>
- View the key concepts in the short video ***Executive Function*** from the Center on the Developing Child Harvard University at: <http://developingchild.harvard.edu/>
- Review individual chapters related to 6-18-month-olds and 18-36-month-olds in ***Enhancing and Practicing Executive Function Skills with Children from Infancy to Adolescence*** at: <http://developingchild.harvard.edu/>
- Read ***In Brief Series: The Impact of Early Adversity on Childhood Development, The Foundations of Life Long Health***, Center on the Developing Child Harvard University at: http://developingchild.harvard.edu/index.php/resources/briefs/inbrief_series/inbrief_foundations_of_lifelong_health/
- Review ***Supportive Relationships and Active Skill-Building Strengthen the Foundations of Resilience*** at: <http://developingchild.harvard.edu/>
- Read ***Building the Brain's "Air Traffic Control" System: How Early Experiences Shape the Development of Executive Function***, Center on the Developing Child Harvard University at: <http://developingchild.harvard.edu/>
- Read ***News You Can Use: Approaches Toward Learning – Foundation of School Readiness Part 1*** at: <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/ehsnrc/docs/nycu-school-readiness-part-01.pdf>