



# SHORT VIDEO INFORMATION SHEET

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## Me and You

This duo of two short videos; “Me and You”, and “Tu y yo” (Spanish), explore the important impact of adults on the growth and development of infants and toddlers. “Me and You, Extended” and “Tu y yo” (Spanish), contain extended content related to particular practices between adults and children that enrich children’s’ experiences.

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## Questions for Conversation and Reflection

1. Think about what you just watched. What does it say to you about how adults interact with children? Discuss how what you saw is the same or different than what you do in everyday care.
  2. Think about your relationships with the children in your care. How do you show them they are valued?
  3. In your role as a home visitor or teacher, how you are enhancing or strengthening the relationship between children and their families? List some strategies you use to help parents connect to their children as individuals.
  4. Explore the expectations the families and communities you serve have for interacting with their children. Discuss how those expectations might be the same or different from those of your own family or community.
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## Related Head Start Program Performance Standards

1304.21 Education and early childhood development.

1304.21(a) (1) (i) (ii) (iii) (iv) Child development and education approach for all children

1304.21 (a) (2) (i) (ii) Parents

1304.21 (a) (3) (1) (A) (B) (C) (D) (E) – Support social and emotional development

1304.21 (a) (4) (i) (ii) (iii) (iv) – Cognitive and language skills

1304.40 (e) (1) (2) (3) – Parent involvement in child development and education

**If you do not have a copy of the Head Start Program Performance Standards and would like to view them electronically, you can use the following link to the ECLKC:**

<http://eclkc.ohs.acf.hhs.gov/hslc/Program%20Design%20and%20Management/Head%20Start%20Requirements/Head%20Start%20Requirements>