

19TH ANNUAL **Virtual**
BIRTH TO THREE
INSTITUTE
July 21 - 23, 2015

Foundations for Learning



EARLY HEAD START
National Resource Center™



19TH ANNUAL
Virtual
BIRTH TO THREE
INSTITUTE

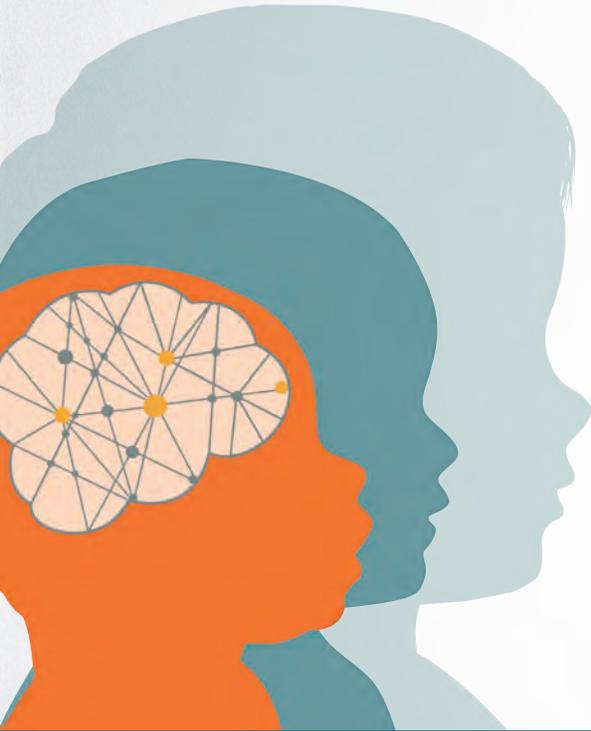


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SCHEDULE AT A GLANCE

All session times are Eastern Daylight Time (EDT)

TUESDAY, JULY 21

Day One: Child Development and Learning

11:00 am – 11:15 am	Opening Remarks
11:15 am – 12:15 pm	Plenary Session
12:15 pm – 12:30 pm	Conversation with Presenter and Q/A
12:30 pm – 12:45 pm	Message from the Office of Head Start
12:45 pm – 1:45 pm	Focus on the Child Breakout Session
1:45 pm – 2:00 pm	Conversation with Presenter and Q/A
2:00 pm – 2:30 pm	Message from the Office of Head Start
2:30 pm – 3:30 pm	Focus on the Child Breakout Session
3:30 pm – 3:45 pm	Conversation with Presenter and Q/A
3:45 pm – 4:00 pm	Closing Remarks

WEDNESDAY, JULY 22

Day Two: Program Systems and Services

11:00 am – 11:15 am	Opening Remarks
11:15 am – 12:15 pm	Plenary Session
12:15 pm – 12:30 pm	Conversation with Presenter and Q/A
12:30 pm – 12:45 pm	Message from the Office of Head Start
12:45 pm – 1:45 pm	Program Systems and Services Breakout Session
1:45 pm – 2:00 pm	Conversation with Presenter and Q/A
2:00 pm – 2:30 pm	Message from the Office of Head Start
2:30 pm – 3:30 pm	Program Systems and Services Breakout Session
3:30 pm – 3:45 pm	Conversation with Presenter and Q/A
3:45 pm – 4:00 pm	Closing Remarks

THURSDAY, JULY 23

Day Three: Effectively Engaging Families

11:00 am – 11:15 am	Opening Remarks
11:15 am – 12:15 pm	Plenary Session
12:15 pm – 12:30 pm	Conversation with Presenter and Q/A
12:30 pm – 12:45 pm	Message from the Office of Head Start
12:45 pm – 1:45 pm	Engaging Families Breakout Session
1:45 pm – 2:00 pm	Conversation with Presenter and Q/A
2:00 pm – 2:30 pm	Message from the Office of Head Start
2:30 pm – 3:30 pm	Engaging Families Breakout Session
3:30 pm – 3:45 pm	Conversation with Presenter and Q/A
3:45 pm – 4:00 pm	Message from the Office of Head Start
4:00 pm – 5:00 pm	Parent Plenary
5:00 pm – 5:15 pm	Closing Remarks

INSTITUTE INFORMATION

REGISTRATION

Registration for the Institute is free. Participants can register at any time, even after the Institute has started. All individuals should register even if watching in groups. To receive CEU credit for your participation, you must register for the Institute.

All sessions will be available for viewing on demand by Friday, July 31, 2015. Additionally, all sessions will be permanently archived on the Early Childhood Learning and Knowledge Center (ECLKC) website.

CONTINUING EDUCATION UNITS

The 2015 Birth to Three Institute has been approved for up to 10 hours (1 CEU) by the University of Wisconsin–Stout. Continuing Education Units (CEUs) are free with registration; however,

you must indicate your desire to receive credit during the registration process. The number of CEUs you earn is based on your session attendance: one hour of participation equals 0.1 CEU. Watch for an email from the University of Wisconsin–Stout profed@uwstout.edu in the weeks prior to the conference for further instructions. The deadline for completion is August 23, 2015.

CERTIFICATE OF ATTENDANCE

A Certificate of Attendance is provided at the back of this program. This certificate does not serve as validation of continuing education credits or requirements.

EVALUATIONS

An evaluation tab will appear on the screen of your player. Please take a moment at the end of each session to complete the session evaluation. Data collected from evaluations are used to improve the Birth to Three Institute experience.

INFORMACIÓN SOBRE EL INSTITUTO

INSCRIPCIÓN

La inscripción para el Instituto es gratuita. Los participantes pueden inscribirse en cualquier momento, aún después de que éste haya comenzado. Todas las personas deben inscribirse para el Instituto incluso si asisten en grupos. Para recibir crédito de unidades de educación continua (CEU) por su participación, usted debe inscribirse para el Instituto.

Todas las sesiones se podrán ver a partir del viernes 31 de julio de 2015. Además, todas las sesiones se archivarán en forma permanente en el sitio web del Centro de aprendizaje y conocimientos sobre la primera infancia (ECLKC).

UNIDADES DE EDUCACIÓN CONTINUA

El Instituto Anual del Niño desde el Nacimiento a los Tres Años 2015 ha sido aprobado por la Universidad de Wisconsin en Stout para proporcionar un máximo de 10 horas (1 CEU). Las unidades de educación continua (CEU) son **gratuitas** con la inscripción; sin embargo, **usted debe**

indicar su interés para recibir crédito cuando se inscriba. La cantidad de CEU que usted gane se basa en su asistencia a las sesiones: una hora de participación es igual a 0.1 CEU. En las semanas previas a la conferencia, la Universidad de Wisconsin en Stout profed@uwstout.edu enviará un mensaje por correo electrónico en el que se proporcionarán más detalles. La fecha de finalización es el 23 de agosto de 2015.

CERTIFICADO DE ASISTENCIA

En el reverso de este programa se ofrece un Certificado de asistencia. Este certificado no es validación de créditos de educación continua ni de requisitos.

EVALUACIONES

Una pestaña (tab) de evaluación aparecerá en su pantalla. Dedique un momento al final de cada sesión para llenar la evaluación de la sesión. Los datos que se recojan de las evaluaciones se usan para mejorar la calidad del Instituto Anual del Niño desde el Nacimiento a los Tres Años.



DEPARTMENT OF HEALTH & HUMAN SERVICES

Administration for Children and Families
Office of Head Start
8th Floor Portal Building
1250 Maryland Avenue, S.W.
Washington, DC 20024

July 2015

Dear Colleagues,

I am delighted to welcome you to the **19th Annual Birth to Three Institute: Foundations for Learning**. This three-day Institute provides opportunities for Early Head Start and Migrant and Seasonal Head Start staff and community partners, child care, family child care, and training and technical assistance providers to further enhance the quality of services for expectant parents, infants, toddlers, and families. It is designed to provide you with opportunities to strengthen your foundation in current research and knowledge about infants, toddlers, and families, and to enhance your connections through networking experiences.

This year we will take advantage of technology to bring our message to an even wider audience. The Institute will be a three-day nationally live-streamed event, consisting of ten 60-minute sessions that include featured keynote presentations, a parent panel, and messages from the Office of Head Start. This event will be a wonderful professional development opportunity for Early Head Start, Head Start, and Child Care partners.

The format for the conference is as follows:

- Day 1 - Child Development and Learning – three live-streamed sessions
- Day 2 - Program Systems and Services – three live-streamed sessions
- Day 3 - Effectively Engaging Families – four live-streamed sessions

The work you do in your communities has never been more important. Children and families rely on the quality services you and your partners provide. This year's Institute is an opportunity for you and your colleagues to gather together and increase your understanding of current research about the lifelong impact of your work, and to be inspired by the difference you make.

I hope you will take full advantage of the learning opportunities offered at this year's Institute. Your participation is a reward for your hard work and the positive impacts that you have on our youngest and most vulnerable children and their families. You have our deepest gratitude.

Sincerely,

Angie Godfrey
Infant/Toddler Program Specialist
Office of Head Start



DEPARTMENT OF HEALTH & HUMAN SERVICES

Administration for Children and Families
Office of Head Start
8th Floor Portal Building
1250 Maryland Avenue, S.W.
Washington, DC 20024

Julio de 2015

Estimados colegas:

Tengo el agrado de darles la bienvenida al 19.º Instituto Anual del Niño desde el Nacimiento a los Tres Años: Bases *para el Aprendizaje*. El Instituto, de tres días de duración, ofrece oportunidades para el personal de Early Head Start y de Head Start para Familias Migrantes y de Temporada, para socios de la comunidad y proveedores de cuidado infantil, de cuidado infantil familiar, de capacitación y asistencia técnica con el fin de elevar la calidad de servicios para futuros padres, bebés, niños pequeños y familias. Está designado para brindarle oportunidades de fortalecer su base en materia de investigación y conocimientos actuales sobre bebés, niños pequeños y familias y para incrementar sus conexiones con otros colegas y así intercambiar experiencias.

Este año aprovecharemos la tecnología para llevar nuestro mensaje a una audiencia aún más amplia. Será un evento que se transmitirá en vivo a nivel nacional y constará de diez sesiones de 60 minutos de duración que comprenderán presentaciones principales, un panel de padres y mensajes de la Oficina de Head Start. Este evento constituirá una gran oportunidad de desarrollo profesional para los copartícipes de Early Head Start, Head Start y cuidado infantil.

El formato de la conferencia será como sigue:

- Día 1 – Desarrollo y aprendizaje infantil: tres sesiones de transmisión en vivo
- Día 2 – Sistemas y servicios del Programa: tres sesiones de transmisión en vivo
- Día 3 – Participación activa de las familias: cuatro sesiones de transmisión en vivo

La labor que ustedes hacen en sus comunidades nunca ha sido más importante. Los niños y las familias dependen de los servicios de calidad que proporcionan ustedes y sus copartícipes. El Instituto de este año es una oportunidad para que ustedes y sus colegas se reúnan e incrementen su comprensión de la investigación actual sobre el impacto para toda la vida que tiene la labor que realizan y para que la diferencia que hacen les sirva de inspiración.

Espero que puedan aprovechar plenamente las oportunidades de aprendizaje que el Instituto ofrece este año. Su participación es una recompensa por su arduo trabajo y los efectos positivos que ustedes tienen en los niños pequeños y más vulnerables y sus familias. Ustedes se merecen nuestra gratitud más profunda.

Atentamente,

Angie Godfrey
Especialista en Programas para bebés y niños pequeños
Oficina de Head Start

Session Schedule

Tuesday, July 21, 2015

DAY ONE: CHILD DEVELOPMENT AND LEARNING



Plenary

11:15 am - 12:15 pm

The Importance of Experiences in Infancy for Later Learning

Our understanding of early brain development tells us that babies' brains are rapidly expanding and their minds are growing. What does this mean for those of us who contribute to their care and learning? This presentation deepens our understanding of how the brain is growing in the first years of life and its implications for how infants and young children are learning – and of what adults can do to help establish a strong foundation for growing minds and personalities.

Participants will be able to:

1. Describe the development of self-regulation during infancy.
2. Provide an example from language learning of how the brain reorganizes itself based on early experience.
3. Identify three practices that adults can use to promote early learning in infancy.

Ross Thompson, PhD, University of California, Davis

Dr. Ross Thompson's expertise focuses on early personality and socio-emotional development in the context of closer relationships. His work in the cross-disciplinary field of developmental relational science pursues dual tracks: the influence of relational processes on emotional growth, conscience development, emotion regulation, and self-understanding; and the applications of developmental relational science to public policy problems concerning children and families, such as divorce and child custody, child maltreatment, grandparent visitation rights, and research ethics.

Opening Remarks

11:00 am - 11:15 am

Jennifer Boss, MSW, Early Head Start National Resource Center

Amanda Bryans, Office of Head Start

Plenary

The Importance of Experiences in Infancy for Later Learning

11:15 am - 12:15 pm

Conversation with the Presenter & Q/A

12:15 pm - 12:30 pm

Message from the Office of Head Start

12:30 pm - 12:45 pm

Stop, Think, Act: Supporting Executive Functioning and Self-Regulation from Birth Through Early Childhood

12:45 pm - 1:45 pm

In recent years, executive functioning and self-regulation have been hot topics in early childhood education. The research is finally catching up to what educators have known for years: Self-regulatory skills such as paying attention, following directions, and getting along with others are key for early learning, but what can we do to ensure children have the self-regulatory skills they need for school success? In this presentation, we will focus on how self-regulation develops from birth through the early childhood years. In addition, we will discuss why self-regulation is important for early learning, with an emphasis on specific strategies early childhood educators can use to effectively promote these skills in group care and home-based settings.

Participants will be able to:

1. Learn about how self-regulation develops from birth through the early childhood years.
2. Become familiar with research highlighting the importance of self-regulation for social and academic success.
3. Receive specific strategies for promoting self-regulation in group care and home-based settings for infants, toddlers, and preschoolers.

Presenter: Shauna Tominey, PhD, Yale Center for Emotional Intelligence

Conversation with the Presenter & Q/A

1:45 pm - 2:00 pm

Message from the Office of Head Start

2:00 pm - 2:30 pm

Responsive Caregiving: The Foundation of Quality Infant and Toddler Care

2:30 pm - 3:30 pm

When babies are engaged in their own chosen activities, there is nothing for you to do but watch – or is there? To support development and learning, infants and toddlers need nurturing relationships; positive, responsive interactions between adults and children; safe, comfortable physical and social environments; and individualized routines and schedules. We call this “responsive caregiving.” Join us as we focus our attention on one of the responsive caregiving components, that of positive, responsive interactions, using a variety of strategies that support development, learning, and adult-child communication.

Participants will be able to:

1. Define responsive caregiving and some of its critical components.
2. Identify the benefits of responsive caregiving.
3. Discuss strategies to use during responsive caregiving and rich adult-child interactions.

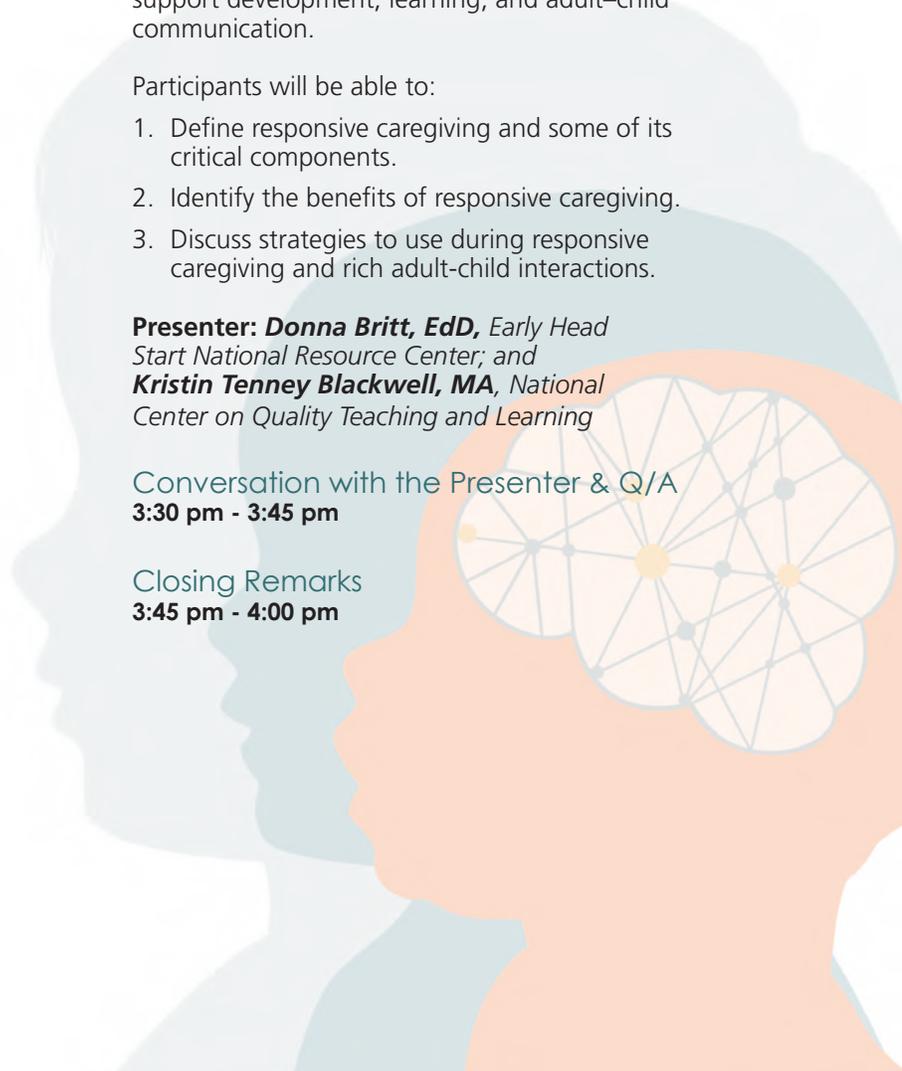
Presenter: Donna Britt, EdD, Early Head Start National Resource Center; and **Kristin Tenney Blackwell, MA**, National Center on Quality Teaching and Learning

Conversation with the Presenter & Q/A

3:30 pm - 3:45 pm

Closing Remarks

3:45 pm - 4:00 pm



Session Schedule

Wednesday, July 22, 2015

DAY TWO: PROGRAM SYSTEMS AND SERVICES



Plenary

11:15 am - 12:15 pm

Twenty Tips for Quality Infant-Toddler Caregiving

This presentation will address a wide range of topics for infant-toddler caregivers and include safety and health issues; specific tips to nurture early language; ways to embed intimate loving experiences into daily routines that promote secure attachment; and ways to tune in to infant states and temperament to promote interactions that arouse kindness and cooperation, as well as awaken a tiny child's passion for books and early learning. Crucial to the success of such quality caregiving are the kinds of supervision, training, and relationships that care providers receive.

Participants will be able to:

1. State one research finding on the positive power of secure infant attachment.
2. Describe one strategy to assist babies who struggle with dysregulation troubles.
3. Identify two professional development resources to support quality care from birth to three.

Alice Sterling Honig, PhD, Syracuse University

Dr. Alice Sterling Honig (Professor Emerita since 1996) for 36 years directed the annual National Quality Infant/Toddler Caregiving Workshop and taught courses in parenting, prosocial development, observation and assessment, cross-cultural families, and language development and research methods in studying children. She received, Syracuse University's Chancellor's Citation for Exceptional Academic Achievement. For 6 years she served NAEYC as Research in Review Editor for Young Children. Dr. Honig has published more than two dozen books and 600 articles, chapters, cassettes and videos. She has lectured widely in the USA and abroad. A licensed NY State psychologist, she helps children and families with life difficulties. For a decade, she was Program Director of the Children's Center, a pioneer enrichment project serving low-education families and young children.

Opening Remarks

11:00 am - 11:15 am

Jennifer Boss, MSW, Early Head Start National Resource Center

Plenary

Twenty Tips for Quality Infant-Toddler Caring

11:15 am - 12:15 pm

Conversation with the Presenter & Q/A

12:15 pm - 12:30 pm

Message from the Office of Head Start

12:30 pm - 12:45 pm

Foundations for Early Learning: Systemically Supporting Program Quality and Early Learning

12:45 pm - 1:45 pm

Early Head Start and Head Start grantees are considered to be among the premier early learning programs in the country. Given the focus on quality programming, it is important that grantees understand the key components to implementing sound management systems, hiring exceptional staff, and creating safe environments. This session outlines what Early Head Start/Head Start leaders should know, do, and oversee along with best practices in operating a quality program, and the fiscal implications. Program staff will understand the importance of building an exceptional program through effective leadership and decision making.

Participants will be able to:

1. Describe one strategy of effective leadership to set the direction of Early Head Start grantees
2. Identify two principles that new leaders should know about fiscal systems in order to operate an exceptional program
3. State one key organizational system for promoting active supervision

Presenters: Syrita Robinson, BA, Robinson Client Group, LLC; and **Chris Barnes, MPA**, National Center on Program Management and Fiscal Operation

Conversation with the Presenter & Q/A

1:45 pm - 2:00 pm

Message from the Office of Head Start

2:00 pm - 2:30 pm

Sowing Seeds for Success: Implementing Reflective Supervision and Early Childhood Coaching

2:30 pm - 3:30 pm

Introducing and implementing reflective supervision and early childhood coaching in your program is a change process. It's not just a matter of attending a workshop or reading a book, though those things can get you started. It takes time, commitment, planning, leadership, and collaboration. These two distinct approaches to supporting staff, promoting learning, and enhancing quality thrive in relationship-based organizations. They support improved service delivery by building on staff's knowledge and competencies, as well as reducing stress and high staff turnover. This presentation provides an approach and strategies to support successful implementation of reflective supervision and coaching.

Participants will be able to:

1. Discuss implementation of reflective supervision and early childhood coaching in the context of relationship-based organizations.
2. Describe the use of reflection for, in, and on action to implement new practices and enhance quality programs.
3. Identify a strategy useful in introducing reflective supervision and/or coaching in early childhood programs.

Presenters: Nancy L. Seibel, EdM, MCC, BCC, Keys to Change and **Heath Ouellette, BA**, Region IX, OHS State TITA Center

Conversation with the Presenter & Q/A

3:30 pm - 3:45 pm

Closing Remarks

3:45 pm - 4:00 pm

Session Schedule

Thursday, July 23, 2015

DAY THREE: EFFECTIVELY ENGAGING FAMILIES



Plenary

11:15 am - 12:15 pm

Early Experiences Elevate Everything: How the Early Years Influence the Life Course

Dr. Dipesh Navsaria will discuss the fundamentals of early brain and child development and how this science informs programs and policies which affect people. Concepts of relational health, toxic stress, and early adversity will be reviewed, as well as broad principles of the types of interventions that make a difference.

Participants will be able to:

1. State the basic principles of early brain and child development, including adverse childhood experiences.
2. Recognize how relationships fundamentally push child development forward and provide a buffer against adversity.
3. Apply the science to how we drive changes in programs and policies that affect people around us.

Dipesh Navsaria, MPH, MSLIS, MD, University of Wisconsin – Madison

Dr. Dipesh Navsaria is a pediatrician, occasional children's librarian, public health professional, and child health advocate. He practices primary-care pediatrics, works with underserved populations at a community health center and is involved in advocacy training for residents, medical students, and practicing physicians. His educational interests also include public and population health training for clinicians. Additionally, Dr. Navsaria is strongly engaged with early literacy programs in health care settings, particularly around ideas of early brain and child development, which include neurobiological effects of adversity and poverty upon the developing brain. A dynamic speaker who easily translates basic science and clinical medicine for a wide variety of audiences in order to shape programs and policy.

Opening Remarks

11:00 am - 11:15 am

Jennifer Boss, MSW, Early Head Start National Resource Center

Plenary

Early Experiences Elevate Everything: How the Early Years Influence the Life Course

11:15 am - 12:15 pm

Conversation with the Presenter & Q/A

12:15 pm - 12:30 pm

Message from the Office of Head Start

12:30 pm - 12:45 pm

Developing Successful Multilevel Partnerships in Support of Ethnically and Linguistically Diverse Families

12:45 pm - 1:45 pm

This session features a conversation between two “humble experts” who highlight the sometimes-surprising lessons learned during decades of experience supporting partnerships between ethnically and linguistically diverse families and the organizations that serve them. The presenters explore the meaning and nuances of partnerships at different levels, how successful partnerships are developed and sustained, and how we know when we have them.

Participants will be able to:

1. Describe the scope, diversity, and types of multilevel community partnerships.
2. Recognize the common strategies in sustaining multilevel community partnerships.
3. Identify if and when a multilevel community partnership is successful.

Presenters: Lorena Gonzalez, PhD, *Urban Strategies*, and **Lyn Morland, MSW, MA**, *National Center on Cultural and Linguistic Responsiveness*

Conversation with the Presenter & Q/A

1:45 pm - 2:00 pm

Message from the Office of Head Start

2:00 pm - 2:30 pm

Seven-Step Process for Family

Goal-Setting: Teaming Together

2:30 pm - 3:30 pm

The work you do to build trusting relationships with families supports their growth and development as well as their children’s school readiness. Come to this session with the National Center on Parent, Family, and Community Engagement (NCPFCE) and explore a new process and resources that support you in goal-setting and partnering with families to reach new heights for themselves and their children.

Participants will be able to:

1. Write a definition for family engagement.
2. Restate the Seven Step Process in developing family partnerships
3. State one resource that support goal-setting beside families.

Presenters: Guylaine Richard, MD, MPH, and **Brandi Black Thacker, MA, MSW**, *National Center on Parent, Family, and Community Engagement*

Conversation with the Presenter & Q/A

3:30 pm - 3:45 pm

Message from the Office of Head Start

3:45 pm - 4:00 pm

Parent Plenary

Foundations: Families Track Child Success from Their Earliest Years

4:00 pm - 5:00 pm

Families in Early Head Start, Migrant and Seasonal Head Start, and child care programs are laying foundations for their children’s healthy development. In this plenary celebrating 20 years of Early Head Start, families will highlight the value and importance of the relationships they built and the supports they received in their children’s early years through this program. They will identify the ways programs like yours—staff like you!—made a foundational difference for their children and offer insight into what worked.

Participants will be able to:

1. State two strategies from families that helped them make long-term changes for their young children.
2. Describe the long-term impact of participation in Early Head Start.
3. Explain the long-term value of their work.

Moderator: Amanda Perez, MSW, *Early Head Start National Resource Center*

Closing Remarks

5:00 pm - 5:15 pm

Angie Godfrey, Office of Head Start



19TH ANNUAL
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BIRTH TO THREE
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July 21 - 23, 2015

Foundations for Learning

Certificate of Attendance

Attendee Name

This is to certify that the individual listed has participated in the 19th Annual Birth to Three Institute and its interdisciplinary professional education in promoting the optimal growth and development of children from birth to three years of age.

This Certificate of Attendance is provided for non-licensed professionals and is not designed to comply with regulations of licensing/certification boards or other regulatory agencies for use for license renewal or to meet continuing education requirements. Attendees requiring verification of hours in attendance should enter the continuing education system.





<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/ehsnrc/center>

The Early Head Start National Resource Center (EHS NRC) was created in 1995 by the Office of Head Start (OHS), Administration for Children and Families (ACF). We are housed at ZERO TO THREE, National Center for Infants, Toddlers, and Families. The EHS NRC is a storehouse of early childhood expertise that promotes the building of new knowledge and the sharing of information by:

- Linking and actively engaging the Early Head Start and the Head Start community through opportunities in coordination with the Office of Head Start's online Early Childhood Learning and Knowledge Center to share resources and learn from one another in a variety of venues
- Creating, collecting and disseminating information relevant to comprehensive early childhood programs that is timely, accessible, and easy to use
- Providing professional development opportunities for the Early Head Start and Head Start community through face-to-face meeting and state-of-the-art distance-learning experiences.



ZERO TO THREE is a national, nonprofit organization that informs, trains, and supports professionals, policy makers, and parents in their efforts to improve the lives of infants and toddlers.

Our mission is to promote the health and development of infants and toddlers.

The conference was funded, in part, through a contract (HHSP2332010009YC) with the Department of Health and Human Services (HHS), Administration for Children and Families/Office of Head Start. The views expressed in written conference materials and by speakers and moderators at this conference do not necessarily reflect the official policies of HHS, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.