

Dads Matter

What are the roles
fathers play?

Who benefits when fathers
are nurturing and involved?

Benefits to Children

- Improved Educational Outcomes
- Psychological and Social Well-being
- Fewer High Risk Behaviors
- Greater Likelihood of Receiving
Appropriate Prenatal and Infant Medical
Care
- Greater Economic Well-Being

Benefits to Mom

- Better Prenatal Care
- Socioeconomic Benefits
- Mental Health Benefits

Benefits to Dad

- Better Social Emotional Outcomes
- Increased Levels of Community Involvement
- Fewer High Risk Behaviors
- Increased Self-Confidence and Overall Well-Being
- More Positive Relationships

Promoting Father Involvement

What are the barriers?

Working with Dads: Important Character Traits

- Empathy
- Respect

Gaining Greater Levels of Father Involvement

- Find out what dads want
- Expect and invite involvement
- Recognize contributions
- Father/Child activities
- Get to know your dads
- Provide visual evidence that invites involvement
- Avoid logistical barriers
- Be prepared to sell the importance of Father Involvement

Getting Mothers on Board

- Help mothers understand the important role of fathers
- Promote the importance of varied parenting styles
- Recognize the benefits to everyone involved