

**Home Visitor Clip:
Reflective Listening**

Sarah: So you're exhausted because of Amalia's fussiness. Do you want to spend some time talking about that today or do you have other things on your mind?

Tammy: It is fine. I don't really need or want to talk about her fussiness. I mean what is there to talk about? Sometimes I feel like someone is out to punish me. If I keep thinking about how tough it is or how cranky she is, it will just make it worse.