

**Home Visitor Clip:  
Open-ended Questions**

Sarah: Well, I really do really appreciate your being open to discuss things with me. So I know we spoke a little bit about depression last week when I gave you the screening but I'd like to talk more about it. What is your understanding of depression?

Tammy: Oh, you know, when you feel sad all the time like on those commercials when the mom's so sad she looks as if someone just died.

Sarah: You are right that depression can mean feeling sad often. But It can also mean things like feeling very tired much of time, changes in your weight or appetite, changes in your energy level or lack of interest in doing things that you used to enjoy, or feeling irritable. Some people who experience depression feel very guilty or have trouble concentrating.

Tammy: Oh that is a lot more than I thought it was.