

Head Start Health Services Newsletter

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New Regulations

[Child Care Providers: Your Guide to New Crib Standards](#)

The Consumer Product Safety Commission (CPSC) has issued new federal crib safety regulations to address deadly hazards previously seen with traditional drop-side rails, requiring more durable hardware and parts and mandating more rigorous testing. Head Start and Early Head Start programs, child care centers, and family child care homes that provide cribs must meet the national standards no later than December 28, 2012.

Featured Resources

[Keeping Children Safe In and Around Vehicles](#)

It is never safe for children to play or be left alone in parked cars. This resource addresses the dangers of heatstroke (hyperthermia) and the importance of monitoring children inside and outside of vehicles. Find out how to prevent vehicle-related emergencies.

[A Healthy Mouth for Your Baby \(for American Indians and Alaska Natives\)](#)

This booklet, recently redesigned for American Indian and Alaska Native (AI/AN) parents, grandparents, and other caregivers, addresses oral health in young children. Topics include the importance of fluoride and oral hygiene in preventing tooth decay; infant feeding and nutrition; and the importance early intervention.

[Nutrition and Physical Activity Self-Assessment for Child Care \(NAP SACC\)](#)

This research-tested intervention program is designed to help fight childhood obesity by improving nutrition, physical activity, and staff-child interactions in child care environments. NAP SACC works to impact policies and practices through self-assessment and targeted technical assistance. Additional intervention information is available through the [Center of Excellence for Training and Research Translation](#).

National Health Observances

May

- [Healthy Vision Month](#)
- [National Asthma and Allergy Awareness Month](#)
- [Skin Cancer Awareness Month](#)

June

- [Men's Health Month](#)

Did You Miss Anything?

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We Want to Hear from You

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