

Head Start Health Services Newsletter
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New Resources:

Medication Administration Training

A new Medication Administration curriculum is now available as part of the *Healthy Futures: Improving Health Outcomes for Young Children* project. The project has also included a curriculum for managing infectious disease. Both curricula are designed for early education and child care professionals.

Grow It, Try It, Like It! Preschool Fun with Fruits and Vegetables

The USDA Food and Nutrition Service is offering a garden-themed nutrition education kit for early childhood providers. It is designed to help staff introduce three fruits: peaches, strawberries, and cantaloupe, and three vegetables: spinach, sweet potatoes, and crookneck squash to children.

The kit includes seven booklets featuring three fruits and vegetables. It also includes fun activities that can be used to introduce any fruit or vegetable and includes a CD-ROM with supplemental information and a DVD. Each set of lessons in the six fruit or vegetable booklets contain hands-on activities, planting activities, and nutrition education activities that introduce [MyPyramid for Preschoolers](#). Use the kit to promote learning at home with fun parent/child activities and family-sized recipes that give tips for cooking with children.

NHTSA Child Passenger Safety (CPS)

The District of Columbia and 38 states have enacted provisions in their child restraint laws requiring the use of a booster seat or other appropriate restraint device for children who have outgrown their forward-facing child safety seats but who are still too small to use an adult safety belt system correctly. Read the recommendations and make sure your children are traveling safely.

Now Available

[Head Start Health Orientation Guide Webcasts](#)

The Office of Head Start has developed a six-part webcast detailing the features of the Head Start Orientation Guide for Health Coordinators. The Orientation Guide is designed to support health coordinators and health service teams with direction and guidance in their work to provide health services in Head Start. The Guide provides an overview on the roles and responsibilities of the health coordinator, the Health Services Advisory Committee (HSAC), as well as the health-related responsibilities of family service workers, and other Head Start staff. It also contains a collection of existing resources that are supported by the Head Start Program Performance Standards.

Grants and Funding

Grant funding to address children's health in child-occupied settings is now available from the Environmental Protection Agency's (EPA) Office of Children's Health. Initial proposals are due February 18, 2011.

Monthly Health Observances:

January

[Blood Donor Month](#)

[Birth Defects Prevention Month](#)

[Cervical Cancer Screening Month](#)

[Folic Acid Awareness Week](#) (2nd – 8th)

February

[Burn Awareness Week](#) (6th – 12th)

[Child Passenger Safety Week](#) (13th – 19th)

[Children's Dental Health Month](#)

[Children of Alcoholics Week](#) (13th – 19th)

[Congenital Heart Defect Awareness Week](#) (7th – 14th)

[American Heart Month](#)

[Women's Heart Health Day](#) (18th)

[National Wear Red Day](#) (4th)

[Kids E.N.T. Health Month](#)

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We Want to Hear from You

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