



## Health Care Institute Information Sheet

**Date:** February 19-20, 2015

**Location:** Washington DC

The Office of Head Start National Center on Health\* is pleased to provide and fund this unique training opportunity for 50 Early Head Start/Head Start programs in Region XI AIAN that will help strengthen the managerial capacity of your agency so that you can provide more effective health education and prevention programs to the children and families you serve. All applications will be reviewed by a panel comprised of experts from the health literacy, medical, and Head Start communities.

### Important Dates:

- October 14, 2014 – Application Released
- November 13, 2014 – Application Deadline
- December 5, 2014 – Notification of Acceptance

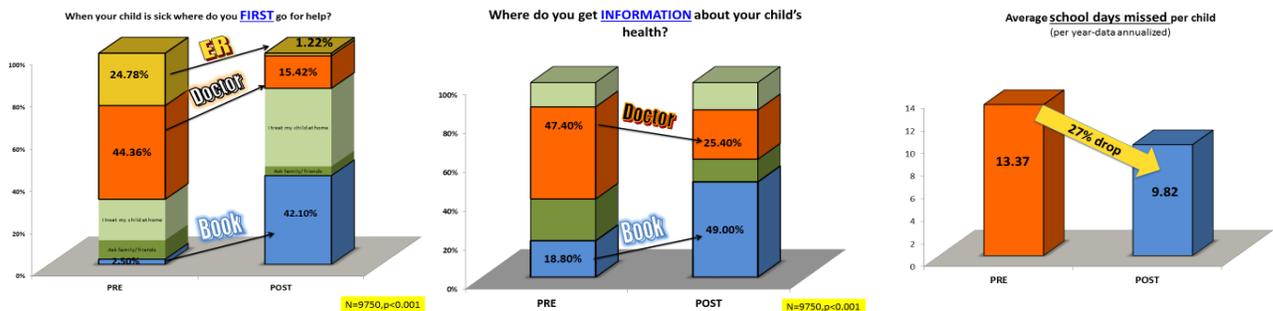
### Train-the-Trainer Curriculum includes:

- Project Management; Staff and Parent Engagement; Community Relations/Marketing and Mock Parent Health Training

### What will you receive as a participant?

- Each program will be provided with two rooms for three nights associated with attending the Train-the-Trainer, as well as meals during Train-the-Trainer (breakfast and lunch)
- Books for parents, “What to Do When Your Child Gets Sick” and \$5 per parent to cover training expenses (70 parents maximum)
- Training Materials – Resource Manual and Parent Training Guide

## 2012-2014 Impact of National Center on Health UCLA Health Care Institute



- Since 2011, over 15,000 families have been trained. Materials are available in several languages to accommodate several ethnicities and community types.
- EMPOWER and ENHANCE parents' self-esteem by providing them with tools and confidence to actively engage and participate in their children's health care needs.
- REDUCE unnecessary ER/clinic visits, INCREASE school attendance and ensure work days are not missed.
- All materials are easy to read and written at a third grade literacy level. **APPLY TODAY!**

### Quotes from the participants:

- **Head Start Director:** “The information given is very vital to our program. It will surely help our families to better care for their children and reduce cost and drive to emergency rooms.”
- **Family Services Manager:** “It is our hope that we begin to see healthier children with our parents having the knowledge and self-confidence that they can treat their children when they have minor ailments with ways that they understand and can use at home.”
- **Health Manager:** “These trainings are beginning to raise awareness in our parents that it is ok for them to not only be their child's first teacher but also for them to be comfortable in their role as medical provider.”