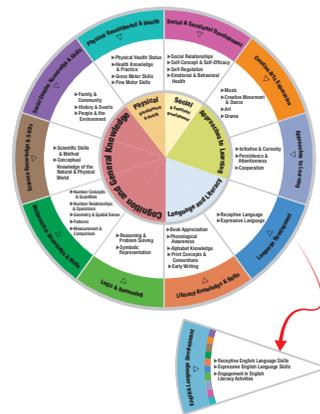


# THE HEAD START CHILD DEVELOPMENT AND EARLY LEARNING FRAMEWORK

## PHYSICAL DEVELOPMENT AND HEALTH: HEALTH KNOWLEDGE AND PRACTICE



### RESOURCES: HIGHLIGHTS FROM ECLKC

TITLE OF RESOURCE	TYPE OF RESOURCE	DESCRIPTION
<a href="#">I am Moving, I am Learning</a>	Video Research Tool Website	Management staff, teaching teams, and parents can learn about a proactive approach for addressing childhood obesity by increasing daily physical activity, improving the quality of movement activities, and promoting healthy food choices every day.

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