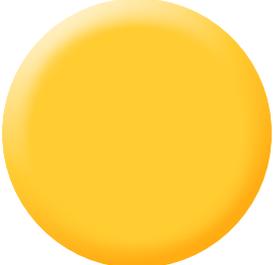
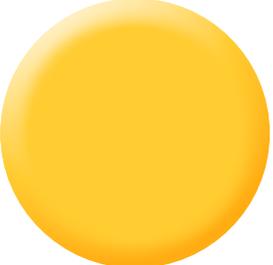
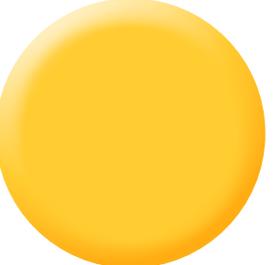
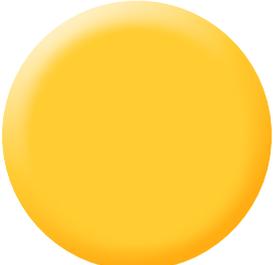
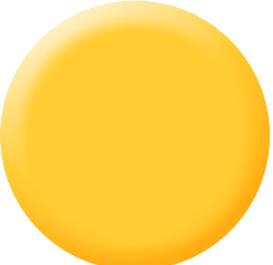
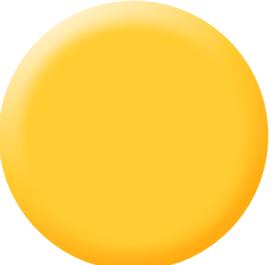
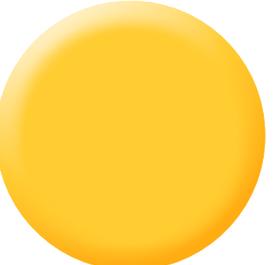
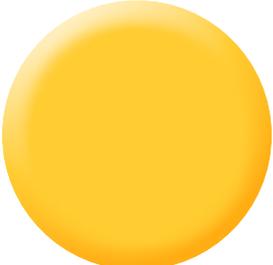
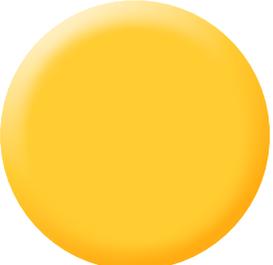
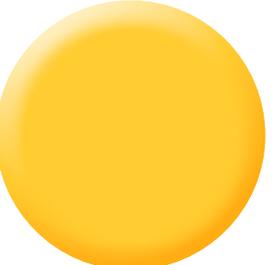




## PUSH MY BUTTONS!

**Activity overview:** The purpose of this activity is to reflect on better ways for adults to communicate with each other.

|   |  |  |  |  |
|---|--|--|--|--|
| <p>On each circle, write down the behaviors that push your buttons when working with adults in the classroom.</p>                 |   |   |   |   |
| <p>On each circle, write down your feelings when faced with these behaviors.</p>  |   |   |   |   |
| <p>On each circle, write down the impact your feelings have on your relationship with the adults who exhibit these behaviors.</p> |  |  |  |  |
| <p>Write down what you can do differently when your buttons are pushed:</p>   |  |  |  |  |

Adapted from: The Center on the Social and Emotional Foundations for Early Learning/Vanderbilt University