

HSTC Network

The seven Home Start Training Centers for the Home-Based approach are located regionally. The staffs of these centers will gladly assist you in all phases of your Home-Based program... from initiation through evaluation.



Region I-II-III

Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont, New York, New Jersey, Puerto Rico, Virgin Islands, Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, West Virginia

Home Start Training Center

925 24th St.

Parkersburg, West Virginia 26101

(304) 485-7404

Region IV

Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee

Clinch-Powell Educational

Cooperative

P.O. Box 279

Tazewell, Tennessee 37879

(615) 626-9270

Region VII

Iowa, Kansas, Missouri, Nebraska

Child/Family Development Program

Nebraska Panhandle Community

Action Agency

1840 Seventh Street

P.O. Box 340

Gering, Nebraska 69341

(308) 436-5076

Further assistance...

In addition to the help available through the HSTC in your region, further assistance is available through your Regional Office of the Administration for Children, Youth, and Families (ACYF). This agency administers all Head Start programs and therefore can provide assistance regarding the Home-Based option. Indian and Migrant Head Start programs should obtain assistance from the nearest HSTC or from the Indian and Migrant Program Division (IMPD) in Washington, D.C.

Region V

Illinois, Indiana, Michigan, Minnesota, Ohio, Wisconsin

Portage Project

P.O. Box 564

626 E. Slifer

Portage, Wisconsin

53901

(608) 742-8811

Region VIII-X

Colorado, Montana, North Dakota, South Dakota, Utah, Wyoming, Alaska, Idaho, Oregon, Washington

Bear River Community Action

Agency/ Millville HSTC

495 East Fifth South

Logan, Utah 84321

(801) 753-0951

Region VI

Arkansas, Louisiana, New Mexico, Oklahoma, Texas

ARVAC, Inc.

P.O. Box 2110

Russellville,

Arkansas 72801

(501) 968-6493

Region IX

Arizona, California, Hawaii, Nevada, Pacific Trust Territories

Center for Family Focused Programs

1724 Santa Clara Avenue

Alameda, California 94501

(415) 865-0733

HOME-BASED
head start



A Head Start...at Home

Head Start, a comprehensive child development program for low income families, began in the summer of 1965. In 1972, Head Start launched a three-year experiment called Home Start to see if the positive results of Head Start could also be achieved through a Home-Based approach using skilled Home Visitors. Evaluation of the Home Start demonstration revealed that parent-focused Home-Based programs are effective for parents and their children. In 1973 the Home-Based option was made available to all Head Start programs. Each Home-Based Head Start program focuses on helping parents best meet the needs of their child and family. Home-Based programs follow the comprehensive Head Start Performance Standards providing activities in the areas of health, education, social services, parent involvement and special services to handicapped children.



The Home-Based Option

There are three outstanding features of any Home-Based program: home visits, group experiences and parent meetings. HOME VISITS, *the heart of the Home-Based option*, are made weekly for approximately 1 1/2 hours by Home Visitors who each serve 9 to 12 families. These visits are jointly planned by parents and Home Visitors. Activities focus on physical, dental and mental health, safety, nutrition, community resources and child development. All activities are designed to enable the parents to continue them independently after the home visit. GROUP EXPERIENCES which occur at least monthly provide children and their families with essential social contacts. PARENT MEETINGS involve the parent directly in all aspects of the program. These meetings provide unique opportunities for parents to make program decisions, socialize with other parents, participate in group projects and receive information on parenting.



Home-Based Option...Training

Help is available for Head Start programs that would like to set up and operate a Home-Based program. A network of regional training programs called Home Start Training Centers (HSTCs) provide technical assistance and training to Head Start programs. Contact the HSTC serving your location if you are considering the Home-Based option or presently operating a Home-Based program. Help is readily available on topics like:

Considerations in Selecting
the Home-Based Option
Training Home Visitors
Supervision of Home Visitors

Coordination of all Component Areas
The Home Visitor's Weekly Schedule
Record Keeping
Family Support Systems

