



Webinar B4

Meeting the Unique Needs of Families through the Required Postpartum Visit

Professional Development Supplemental Material

Pre-Webinar

Reflection/Discussion Questions

1. Read the Head Start Program Performance Standards and review the standards related to serving expectant families during the pregnancy and postpartum periods.
2. Review EHS Tip Sheet Number 51: What Does the Two-week Newborn Home Visit Address?
<http://eclkc.ohs.acf.hhs.gov/hslc/ttssystem/health/Health/Health%20and%20Wellness/Health%20and%20Wellness%20Program%20Staff/WhatDoestheTwo.htm>

Group Discussion

Reflect on your experience serving expectant families. Using chart papers answer and discuss the following questions.

1. Typically when do you begin services with expectant families?
2. What services are provided to expectant families?
3. Who typically conducts the two-week postpartum visit?
4. What is the focus of the postpartum visit?

During Webinar

Listen for the following and write down your responses as you view the webinar.

1. What are the purposes and goals of the Early Head Start postpartum visit?
2. What are the competencies/information staff need to provide the postpartum visit?
3. What are some strategies for engaging fathers and other family members in the visit?

Post-Webinar

1. Reflect upon the earlier group discussion and review your chart paper responses. Based on what you learned through this webinar, are there key points that need further discussion within your program?
2. Reflect on the challenges of completing a successful postpartum visit.
3. Brainstorm strategies/techniques to improve the postpartum visit.
4. Practice/role-play a postpartum visit with a colleague to practice news skills or communicate new information attained through the webinar.