



Webinar C6

Partnering with Families Who Are Coping with Adversity

Professional Development Supplemental Material

Pre- Webinar

Questions for Consideration

1. Based on what you know about the families you serve, what community resources would families coping with adversity benefit from?
2. Make a list of the current community partnerships within the community.
3. What are some challenges with referring families to community resources?

During Webinar

Slide 7: Discussion

Consider the three types of stress discussed by Dr. Lujan:

- Normative Stress
- Toxic Stress
- Traumatic Stress

Facilitate a group discussion on what this type of stress looks like in children. How can teachers and home visitors begin to recognize some these stress factors? How might a child affected by stress interact with teachers or other peers? What are some global ways to address stress in a center or home environment in order to help all children feel safe and secure?

Slide 10: Reflection

Consider the nine Adverse Childhood Experiences on Slide 10.

Think about one family with whom you work. Consider how many of these experiences this family has experienced based on your knowledge of them. Consider how the children in this family may be affected as a result of this exposure.

Slides 34 and 35: Activity

Divide into pairs. Spend a few minutes and role play each of these communication techniques in the context of regular conversation.

Post Webinar

1. Based on the communication techniques reviewed earlier, how might you initiate a conversation with a family about reaching out to a community partner?
2. Are there other community partners you think would be helpful to partner with based on the needs of your families?