

Asthma Resource Toolkit – Pre-School Classroom Activity

Matching Game – fun educational learning activity about asthma triggers

Supplies:

- Asthma Triggers Coloring Book
- Little House of Asthma Triggers Poster Board

Activity:

- Talk about asthma and how it can make you feel
- Using pages from the coloring book, help children to identify the asthma trigger on the page(s)
- To reinforce learning, ask children to find the trigger discussed on the Little House of Asthma Triggers' poster board
- Have children to color the page(s) and let them take picture home