

# Head Start Health Services Newsletter

## March 2011 | Issue #10

### New Resources

#### **Protecting Children in Child Care During Emergencies**

Recommended State and National Regulatory and Accreditation Standards for Family Child Care Homes and Child Care Centers and Supporting Rationale has been developed the *National Association of Child Care Resource & Referral Agencies and Save the Children, Domestic Emergencies Unit*. In this manual you can find the eight Model Standards for Child Care Centers, for Family Child Care Providers and the rationale for each of the eight standards. Also included is guidance on reunification, recommendations for food and water supplies and other emergency provisions.

#### **Motion Moments ~ A New Video Series**

Motion Moments are three short videos produced by the *National Resource Center for Health and Safety in Child Care and Early Education* that show a few simple ways to weave physical activity in the current early care and education programs in a child care center or family child care home working with infants, toddlers, or preschoolers. Find the links to these videos and more resources about physical activity at the website.

[http://nrckids.org/Motion\\_Moments/index.htm](http://nrckids.org/Motion_Moments/index.htm).

#### **Mobile and Portable Dental Services in Preschool and School Settings**

Obtaining dental services and linking families to a Dental Home is often challenging, especially in rural areas. For many years Head Start/EHS programs have debated the benefits and drawbacks to this form of dental care and intervention. The Association of State and Territorial Dental Directors has published a policy brief to examine this complex issue. Key issues covered include involvement of school personnel, equipment and location of services, liability and insurance, financing and reimbursement, and continuity of care. The brief also includes specific strategies to address these issues.

[http://www.astdd.org/www/docs/Mobile-Portable\\_ASTDD\\_Issue\\_Brief\\_final\\_2.29.2011.pdf](http://www.astdd.org/www/docs/Mobile-Portable_ASTDD_Issue_Brief_final_2.29.2011.pdf)

#### **March is National Nutrition Month**

National Nutrition Month is a great time to focus attention on the importance of making informed food choices and developing sound eating and physical activity habits. Explore practical tips to update menus and recipes and find suggestions for making gradual changes to help children develop a taste for a variety of healthy foods. [Learn more about making healthy food choices . . .](#)

<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/Health/Nutrition/Nutrition%20Families/HealthyFoodChoi.htm>

<http://www.eatright.org/nnm/>

### Monthly Health Observances

#### MARCH

- [American Red Cross Month](http://www.redcross.org/portal/site/en/menuitem.d8aaecf214c576bf971e4cfe43181aa0/?vgnextoid=44be151cc4b6f110VgnVCM10000089f0870aRCRD&vgnnextfmt=default)
- [Poison Prevention Week 20th – 26<sup>th</sup>](http://www.poisonprevention.org/poison.htm)
- [Save Your Vision Month](http://www.aoa.org/)

#### APRIL

- [Alcohol Awareness Month](http://www.ncadd.org/programs/awareness/aamk2009new.html)
- [Child Abuse Prevention Month](http://www.childwelfare.gov/preventing/preventionmonth/)

- [Infant Immunization Week 24<sup>th</sup> – 30<sup>th</sup>](#)

<http://www.cdc.gov/vaccines/events/niiw/default.htm>

### **Did you miss anything?**

View previous [Head Start Health Services Newsletters](#) on the ECLKC.

### **We Want to Hear from You**

The Head Start Health Services Newsletter is produced by Head Start Knowledge and Information Management Services. Select this link to [submit suggestions](#) for future Head Start Health topics. To receive additional alerts or to unsubscribe from this newsletter, log in to the [Alerts Management](#) page on the ECLKC.