

## How Healthy Is Your HSAC?

### Mission and Goals

1. Does your HSAC have a clear mission statement and goals?
  - Yes
  - No
2. Are the mission statement and goals understood by other Head Start staff and families?
  - Yes
  - No
3. Does your HSAC have a plan for recruiting partners to provide you with the expertise required to meet your goals?
  - Yes
  - No
4. Does your HSAC work with community partnerships to help you meet your goals?
  - Yes
  - No

### Membership

5. What partners or groups does your HSAC influence by providing input from your Head Start program?
  - Medical care providers
  - Dental care providers
  - Health departments
  - Health educators
  - Nutrition experts
  - Child care agencies
  - Community representatives (ethnic or other group)
  - Advocacy groups
  - Other community partners (churches, schools, law enforcement, businesses)
  - Local government officials (city and county representatives)
  - Head Start-State Collaboration Directors
  - Other government agencies
  - Educational institutions
  - Other

6. Does your HSAC membership include representation from the following?
- Parents
  - Program director
  - Nutrition staff
  - Mental health staff
  - Family service staff
  - Medical care providers
  - Dental care providers
  - Health departments
  - Health educators
  - Nutrition experts
  - Community representatives (ethnic or other group)
  - Advocacy groups
  - Other community partners (churches, schools, law enforcement, businesses)
  - Local government officials (city and county representatives)
  - Head Start-State Collaboration Office
  - Other government agencies
  - Educational institutions
  - Other
7. How often does your HSAC meet?
- 1-2 times/year
  - 3-4 times/year
  - 5-6 times/year
  - 8-12 times/year

## **Health Issues**

8. In what activities does your HSAC participate?
- Helps to develop health policies and procedures that support the health goals for Head Start children, families, and staff
  - Links children to ongoing sources of continuous, accessible health care
  - Integrates health within the Head Start program curriculum
  - Responds to questions about strategies to address community health problems
  - Ensures that the learning environments in the home and at your Head Start center support each child's social, emotional, cognitive, and physical development

- Engages parents in identifying and accessing health services and resources that are responsive to their interests and goals
- Helps to establish ongoing, collaborative partnerships with community organizations
- Develops long- and short-term goals and objectives for implementing services that meet the needs of the community
- Participates in the annual self-assessment of your Head Start program's effectiveness
- Participates in your Head Start program's Community Assessment
- Informs your Head Start program about current and emergent health issues, trends, and best practices
- Supports parents as advocates for their children's health
- Develops parents as leaders in efforts to improve the health of their community
- Develops comprehensive health promotion programs for Head Start children, families, and staff
- Educates health care providers, other professionals, and community leaders or policy makers on the needs and issues of Head Start children and families
- Advocates for community systems changes that support the health of Head Start children and families

9. Does your HSAC have active subcommittees or workgroups that meet regularly to carry out the work of your HSAC?

- Yes  
List: \_\_\_\_\_
- No

**Program and Community Collaboration**

10. How well integrated into your Head Start program is your HSAC?

Works only with the program health manager

Works with all levels of staff, programs, and governing entities

1

2

3

4

5

11. How well integrated into your community is your HSAC?

Influences only your  
Head Start program

Interacts at all levels of the  
community with coordinated  
partnership activities

1

2

3

4

5

12. How well is your HSAC able to work as a team to meet your program's goals?

Not at all

Very efficiently

1

2

3

4

5

(Adapted from *How Healthy Is Your Health Services Advisory Committee?* by Booz Allen Hamilton)