

Examples of School Readiness Goals for Social & Emotional Development

Early Head Start	Head Start	Links to Health Services
<p><i>Goal 1:</i> Children will develop and engage in positive relationships and interactions with adults.</p>	<p><i>Goal 1:</i> Children will engage in and maintain positive adult-child relationships and interactions.</p>	<p>Family Health Literacy</p> <ul style="list-style-type: none"> • Provide engaging, empowering, and action-oriented health education programs that are designed for and with families to support child development in culturally and linguistically responsive and meaningful ways. • Promote relationship-based competencies for all staff to support school readiness connections between a child's home and the program. <p>Mental Health</p> <ul style="list-style-type: none"> • Help children develop positive social behaviors that help them engage in learning. • Use behavioral screening results to support children's social and emotional development and approaches to learning. • Develop a mental health education program for families and staff to encourage supportive, nurturing relationships. <p>Safety and Injury Prevention</p> <ul style="list-style-type: none"> • Create and maintain safe environments that engage children and support their healthy development. • Identify and report suspected child abuse and neglect to protect children from maltreatment. <p>Services to Pregnant Women and Expectant Families</p> <ul style="list-style-type: none"> • Support healthy beginnings for infants and their families to promote nurturing relationships that sustain learning throughout a child's life.
<p><i>Goal 2:</i> Children will begin to develop personal relationships with peers.</p>	<p><i>Goal 2:</i> Children will engage in and maintain positive peer relationships.</p>	
<p><i>Goal 3:</i> Children will begin to develop and demonstrate control over some of their feelings and behaviors (self-regulation).</p>	<p><i>Goal 3:</i> Children will display levels of attention, emotional regulation, and behavior in the classroom that are appropriate to the situation and supports available.</p>	
<p><i>Goal 4:</i> Children will begin to learn to internalize rules, routines, and directions.</p>	<p><i>Goal 4:</i> Children will learn and internalize (follow) classroom rules, routines, and directions.</p>	

<p><i>Goal 5:</i> Children will begin to develop and demonstrate a positive sense of self, competence, and an identity that is rooted in their family and culture.</p>	<p><i>Goal 5:</i> All children will develop and display a sense of self-confidence in their abilities and a strong identity that is rooted in their family and culture.</p>	<ul style="list-style-type: none">• Capitalize on partnerships to expand school readiness and health activities that support access to and engagement in learning.
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