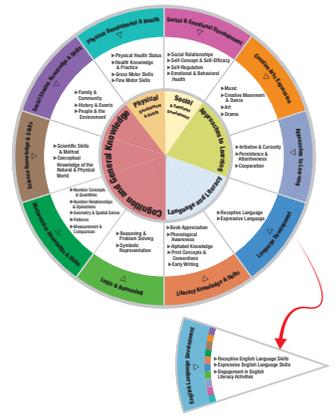


THE HEAD START CHILD DEVELOPMENT AND EARLY LEARNING FRAMEWORK

SOCIAL AND EMOTIONAL DEVELOPMENT: SELF-REGULATION



RESOURCES: HIGHLIGHTS FROM ECLKC

TITLE OF RESOURCE	TYPE OF RESOURCE	DESCRIPTION
Section 3 Focus on Fathering: One-Hour Group Parent Education Sessions	Training	Parent educators can review this resource as they plan for a session on fathering that emphasizes the importance of fathers connecting with their children.
Embrace Risks, thoughtfully in Design Principles for Nature Play Spaces in Nature Centers and Other Natural Areas	Article	Teaching teams can refer to this article when balancing the potential dangers of natural play spaces with the benefits of helping children learn self-regulation and how to assess risks.

REFERENCES FOR EVIDENCE-BASED PRACTICES

- Denham, S. A., & Brown, C. (2010). "Plays nice with others": Social-emotional learning and academic success. *Early Education and Development, 21*(5), 652-680.
- Skibbe, L. E. (2011). Schooling effects on preschoolers' self-regulation, early literacy, and language growth. *Early Childhood Research Quarterly, 26*(1), 42-49.
- Smith-Donald, R., Raver, C. C., Hayes, T., & Richardson, B. (2011). Preschool self-regulation assessment. *Early Childhood Research Quarterly, 22*(2), 173-187.
- Winsler, A. (2011). Singing one's way to self-regulation: The role of early music and movement curricula and private speech. *Early Childhood Research Quarterly, 22*(2), 274-304.

