THE NATIONAL CENTER ON Quality Teaching and Learning

THE NATIONAL CENTER ON Parent, Family and Community Engagement

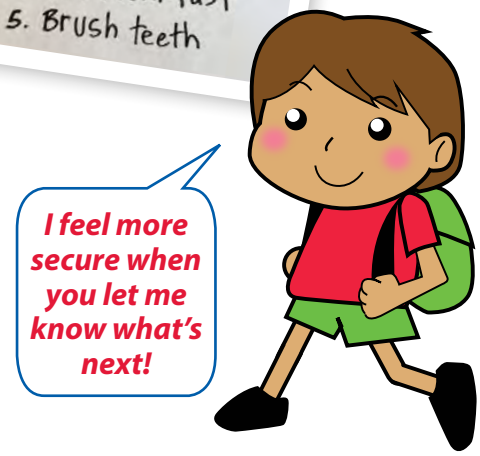
TIPS FOR FAMILIES
SCHEDULES AND ROUTINES

What's coming up next?

We all need tools to help us get things done—even children!

- Have you ever thought of making a daily or weekly **schedule** for your child? Maybe you would like your child to be able to see which days are school days.

- Or you could make a **routine** for part of the day. Just write down the steps of your child's morning or bedtime activities, for example.



Your child's schedule or routine

When you choose something to write down as a schedule or routine, pick something that your child could learn to do independently soon.

Keep the steps simple. When you use encouraging words and help your child follow the steps, you will make the process fun!

For more information, contact us at: **NCQTL@UW.EDU** or **877-731-0764.**

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