



### Quotes from the field with tips for parents and families

"Follow her lead and have a conversation with her."

#### Here's how . . .

When it's time to move to another picture, allow your child to choose which artwork to view or talk about next. Ask what she sees. Then wait 5 to 10 seconds after asking any question. This gives her time to think and respond. She needs time to understand your question and put words together that reflect how she thinks.

#### Why is this important?

Your child spends more time learning when she is interested in the activity, materials, or experience.

Support her independence by allowing her to choose books to read, clothes to wear, or daily activities. Giving simple choices of activities, routines, and tasks encourages her self-confidence and growing decision-making skills. She begins to understand the consequences of her choices, and learns to take responsibility for her decisions.



Watching the choices she makes can give you a "window" into her thinking. When you ask her a question about why she thinks something, give her time to process your question and to turn her thoughts into words. This may require some "wait time" on your part as she thinks more deeply about both the question and what she will say to you.