

Reflective Supervision: Setting a Foundation for Reflective Practice in Your Program

We are so glad that you will join us for *Reflective Supervision: Setting a Foundation for Reflective Practice in Your Program*.

To make the most of this training experience:

- **Review the Objectives and Faculty Biographies before the conference begins.** These handouts are designed to help you prepare for the audioconference.
- **Schedule some time for reflection and/or discussion after the audioconference.** Use the *Applying the Information* handout individually or with your team. In most cases, discussing information, strategies and ideas as a team is the best way to think about what is already in place in your program and how to use or enhance RS.
- **Use the handouts** to discuss new information and to plan for the future.

The Early Head Start National Resource Center



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Objectives

During this call, panelists will:

1. Define reflective supervision (RS);
2. Highlight the value of RS in Early Head Start and Migrant and Seasonal Head Start programs;
3. Identify challenges in implementing RS; and
4. Offer strategies for programs looking to address those challenges and implement the practice.

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Faculty Biographies

Amanda Perez. Moderator



Senior Writer/Training Specialist
Early Head Start National Resource Center

Amanda Perez has worked with the Early Head Start National Resource Center since 2000. In her tenure there, she has coordinated over 30 audioconferences. A frequent writer and trainer, Amanda also moderates the parent panel at the Birth To Three Institute.

Angie Godfrey



Infant/Toddler Program Specialist
Office of Head Start

Angie Godfrey brings tremendous experience and expertise to her role as Infant/Toddler Program Specialist at the Office of Head Start (OHS). Prior to joining OHS in December, 2008, Angie was the Director of the American Indian and Alaska Native (AIAN) Technical Assistance Project where she worked for 5 years. Immediately before that, she served as the Senior Early Childhood Associate for AIAN, providing support to 44 Early Head Start grantees. Angie also taught infant and toddler courses for Early Head Start and child care providers as adjunct faculty at Northern Virginia Community College. She is the former Director of Alexandria Head Start in Alexandria, VA.

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Faculty (cont'd.)

Jennifer Cahill



Program Manager, Early Head Start Home Base/PAT program, Mt. Hood Community College, Gresham, OR

Jennifer Cahill has over 20 years of experience working in Head Start programs. She assisted in planning, designing, and implementing the EHS program for Mt Hood Community College. She currently oversees all component areas in their Early Head Start home-based program option, the Parents as Teachers program, and assists with training and planning in the child care and student model. Ms. Cahill is also an EHS Start Up Planner and consultant. She is a part-time instructor of Early Childhood Education at Mt. Hood Community College and a co-instructor at Portland State University in the Infant Toddler Mental Health Program. She is a recent graduate of the Infant Toddler Mental Health Graduate Certificate Program.

Mary Ann Cornish



Director, Higher Horizons Head Start, Falls Church, VA

Mary Ann Cornish has served as the Director of Higher Horizons Head Start since 1977. She manages a multi-funded, state-of-the-art Head Start/Early Head Start program serving 300 children. Her work in the highly diverse community of Bailey's Crossroads/Falls Church, VA has resulted in a strong reputation at both local and national levels for understanding the role of culture and family in early childhood education, meeting the needs of dual language learners, preserving native languages, and collaboration with community organizations. Throughout her career, she has stressed the importance of "staying rooted in our communities and responsive to the families we serve." In 2001, she was awarded the Helen Taylor Award for Management Excellence by the Head Start Johnson and Johnson Fellows Program at the Anderson School of Business at UCLA.

Sherry Heller



Associate Professor, Tulane University School of Medicine and the Tulane Institute of Infant and Early Childhood Mental Health, New Orleans, LA

In 2000, Sherry Heller built on her experiences in infant mental health (IMH) to serve as one of 19 infant mental health consultants selected nationally to participate in the Office of Head Start's IMH Initiative. She served as a consultant to a Baton Rouge Early Head Start program looking for ways to support staff in serving adolescent mothers. Sherry worked with the program to develop a RS model. Sherry continued consultation with this program as it expanded to serve families displaced by Hurricanes Katrina and Rita. An author, trainer, professor and consultant, Sherry continues to provide RS and research and write about RS in Early Head Start and other programs promoting IMH. Sherry has a Master's and doctoral degree in applied developmental psychology from the University of New Orleans.

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Head Start Program Performance Standards

§ 1304.52 (a)(1):

Grantee and delegate agencies must establish and maintain an organizational structure that supports the accomplishment of program objectives. **This structure must address the major functions and responsibilities assigned to each staff position and must provide evidence of adequate mechanisms for staff supervision and support.**



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