

## Examples of School Readiness Goals for Approaches to Learning

Early Head Start	Head Start	Links to Health Services
<p><i>Goal 1:</i> Children will demonstrate interest, curiosity, and eagerness in exploring the world around them.</p>	<p><i>Goal 1:</i> Children will show an interest in varied topics and activities, an eagerness to learn, creativity, and independence in their interactions with activities and materials.</p>	<p><b>Mental Health</b></p> <ul style="list-style-type: none"> <li>• Help children develop positive social behaviors that help them engage in learning.</li> <li>• Use behavioral screening results to support children's social and emotional development and approaches to learning.</li> </ul> <p><b>Nutrition and Physical Activity</b></p> <ul style="list-style-type: none"> <li>• Help families make informed decisions about breast and formula feeding during the early years.</li> <li>• Offer nutritious, culturally-appropriate meals that meet children's needs and give them the energy to learn.</li> <li>• Provide age-appropriate amounts of physical activity in children's daily routines to support positive behaviors and promote physical health.</li> </ul> <p><b>Physical Health</b></p> <ul style="list-style-type: none"> <li>• Use health data to make decisions about how to individualize services to meet each child's needs.</li> </ul> <p><b>Safety and Injury Prevention</b></p> <ul style="list-style-type: none"> <li>• Create and maintain safe environments that engage children and support their healthy development.</li> <li>• Identify and report suspected child abuse and neglect to protect children from maltreatment.</li> </ul>
<p><i>Goal 2:</i> Children will develop persistence in learning and discovery.</p>	<p><i>Goal 2:</i> Children will demonstrate persistence when working with materials, activities, and information.</p>	
<p><i>Goal 3:</i> Children will learn and use words to describe what they are thinking and doing.</p>	<p><i>Goal 3:</i> Children will learn and use words and concepts that parallel the information available in activities and materials.</p>	