



A Guide to the **Dual Language Learners Program Assessment (DLLPA)**

8. Health Program Services

This section highlights nutrition, mental health, and other related health services that are culturally and linguistically responsive to children and their families.

Head Start Program Performance Standards

Consider your program's implementation of the following requirements. For **all program options**, do our health services . . .

Purpose, 45 CFR §1302.40

(a) A program must provide high-quality health, oral health, mental health, and nutrition services that are developmentally, culturally, and linguistically appropriate and that will support each child's growth and school readiness. [...]

Collaboration and communication with parents, 45 CFR §1302.41

(a) For all activities described in this part, programs must collaborate with parents as partners in the health and well-being of their children in a linguistically and culturally appropriate manner and communicate with parents about their child's health needs and development concerns in a timely and effective manner.[...]

Child nutrition, 45 CFR §1302.44

a) Nutrition service requirements.

- (1) A program must design and implement nutrition services that are culturally and developmentally appropriate, meet the nutritional needs of and accommodate the feeding requirements of each child, including children with special dietary needs and children with disabilities. Family style meals are encouraged as described in §1302.31(e)
- (2). [...]

Child mental health and social and emotional well-being, 45 CFR §1302.45

(b) Mental health consultants. A program must ensure mental health consultants assist:

- (1) The program to implement strategies to identify and support children with mental health and social and emotional concerns;
- (2) Teachers, including family child care providers, to improve classroom management and teacher practices through strategies that include using classroom observations and consultations to address teacher and individual child needs and creating physical and cultural environments that promote positive mental health and social and emotional functioning ; [...]

The **Purpose, 45 CFR §1302.40** stated above refers to all HSPPS included in Subpart D.

Culturally and Linguistically Responsive Practices

Indicate your overall rating for the following linguistically and culturally responsive practices. For **all program options**, do our health services...

	1	2	3	4	5	N/A
Provide our families with easy-to-understand information about common health issues and services in their preferred language?	<input type="radio"/>					
Obtain information about each family's beliefs and practices, and consider them when making recommendations to families?	<input type="radio"/>					
Incorporate learning experiences about health care, wellness practices, and nutrition information as sources of first and second language acquisition and development?	<input type="radio"/>					
Ensure that our Health Services Advisory Committee has appropriate representation from our families and that it is culturally and linguistically responsive to our families' needs and strengths?	<input type="radio"/>					
Help our staff use a family-centered and culturally sensitive lens when they discuss child health and mental health concerns with families?	<input type="radio"/>					
Ensure our families are connected to medical and dental homes that have linguistically capable and culturally competent staff?	<input type="radio"/>					
Invite our families to participate in the development of menus to ensure a variety of familiar foods?	<input type="radio"/>					
Encourage our families to help prepare children's meals representing their cultures, as appropriate?	<input type="radio"/>					

Section 8. Health Program Services section score _____

Resources Related to the Health Program Services System

- ▶ [Healthy Habits Start Early](#) [PDF, 4.1MB]
- ▶ [Understanding and Eliminating Expulsion in Early Childhood Programs](#)
- ▶ [Head Start Health Services Competencies](#)
- ▶ [Healthy Gender Development and Young Children](#)
- ▶ [Brush Up on Oral Health: Oral Health in Rural Areas](#) [PDF, 331KB]
- ▶ Health Manager's Orientation Guide (HMOG)
 - » [Chapter 3: Health Topic Self-Reflection Checklists](#) [PDF, 328KB]
 - » [Chapter 2: The Foundation of Successful Health Services](#) [PDF, 1.3MB]
 - » [Appendices](#) [PDF, 594KB]