

The Mixtec, Zapotec, and Triqui: Indigenous Peoples of Mexico Historical Timeline

Objective: *The Mixtec, Zapotec, and Triqui: Indigenous Peoples of Mexico Historical Timeline* is designed for program staff and families to become aware of the rich historical achievements and contributions of families in Migrant and Seasonal Head Start. Below are some suggestions of how the timeline may be used in MSHS and EHS/HS programs.

Print Timeline on 11 x 17 paper and display on bulletin board

Insert in program newsletter

Include Timeline on program's website

Use during parent activities to:

- Talk about how families pass down the history of their culture to their children
- Create a family tree
- Invite families to share artifacts from their culture
- Discuss how history impacts values, attitudes, beliefs, and practices today

Staff and families can also think together of new ways to share and promote the timeline:



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