CHILDHOOD MILESTONES: 2 MONTHS TO 5 YEARS

WATCH YOUR CHILD FOR SIGNS OF LEAD EXPOSURE AS THEY GROW

SOCIAL/EMOTIONAL
- Begins to smile
- Can briefly calm self
- Likes to look at parent

LANGUAGE/COMMUNICATION
- Coo, makes cooing sounds
- Turns head toward sound

LEARNING/PROBLEM SOLVING
- Begins to visually follow things and recognize people at a distance
- Plays attention to faces
- Begins to act bored

PHYSICAL DEVELOPMENT
- Can hold head up on their own
- Can push up on tummy
- Can sit up with help

SUGGESTIONS TO HELP DEVELOPMENT
- Grasp, talk and play with baby
- Read and sing to baby
- Hold toy above his or her head and encourage him to reach for it

ASK A DOCTOR ABOUT THESE CONCERNS
- Not responding to loud sounds
- Not watching things move

ASK A DOCTOR ABOUT THESE CONCERNS
- Not putting down toys when left alone
- Not smiling
- Not bringing hands to mouth or nose
- Not pulling up on tummy

LEARNING/PROBLEM SOLVING
- Points to things or people when they are named
- Carries on a conversation using 2 to 3 sentences
- Speaks first name, age

PHYSICAL DEVELOPMENT
- Holds and grasps on one foot for 2 seconds
- Can hop a bounced ball most of the time
- Meets name

SOCIAL/EMOTIONAL
- Likes to do things with common things (brush, phone, spoon)
- Likes to play with other children

LANGUAGE/COMMUNICATION
- Enjoys making up stories
- Can produce sounds or recite poems from memory (Itsy Bitsy Spider)
- Speaks basic grammar correctly

LEARNING/PROBLEM SOLVING
- Once child walks well, common things
- Can draw a picture
- Can copy shapes, letters and numbers

ASK A DOCTOR ABOUT THESE CONCERNS
- Doesn’t know what to do with common things (brush, phone, spoon)
- Doesn’t copy actions involving one or both hands

ASK A DOCTOR ABOUT THESE CONCERNS
- Not following simple instructions
- Falls down a lot or trouble with stairs
- Has trouble or has very unclear speech

ASK A DOCTOR ABOUT THESE CONCERNS
- Doesn’t follow three-part commands
- Can’t jump in place
- Has trouble scribbling

QUESTIONS FOR YOUR DOCTOR
- How would you describe your child’s personality?
- How do you think your child’s emotions are?
- How do you think your child’s social skills are?
- How do you think your child’s motor skills are?
- How do you think your child’s language development is?
- How do you think your child’s cognitive development is?
- How do you think your child’s emotional development is?
- How do you think your child’s social development is?
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