



## What is Leadership? Reflection Questions

The following questions are provided to help you identify opportunities to lead and to apply key leadership concepts and principles to your life and work. Remember that leadership is a behavior and a 24/7 endeavor. Whether you are a seasoned leader or just getting started in your leadership journey, looking for leadership opportunities, large and small, and practicing leadership behaviors will strengthen your leadership “muscles” and bolster your reputation as a leader.

1. **What is it about the status quo (at work, at home, in your community, etc.) that you would like to change?**
  - a. What challenge or opportunity are you facing? Choose something over which you have at least some control or influence.
  - b. Now think about the week ahead. What is one way in which you could lead, instead of manage, that could initiate the change you think is necessary?
  - c. What questions could you ask in order to learn more?
  - d. What relationships could you embrace?
  - e. Who might you engage to share your vision?
  - f. Who could you mobilize to begin a process that will create that vision?

**2. What are ways in which you can move from advocacy to leadership?**

a. What will you do to *ask and reflect, bring people together, or mobilize resources*?

b. What will you do to hold yourself back from persuading as this may only create more resistance?

**3. When you are functioning as a leader, expect chaos and resistance. Remember that, by acting as a leader, *you* are producing some of the chaos and resistance. It is natural; plan for it.**

a. How will you respond?

b. What will you do to persist in your leadership behaviors and not revert to advocacy or management?