

## Principle #1: Every Individual is Rooted in Culture

*Revisiting and Updating the Multicultural Principles* highlights the importance of understanding and addressing culture and home language in Early Head Start and Head Start program systems and services. These Learning Extensions are activities designed to help program staff extend and apply thinking based on the Multicultural Principle #1: Every Individual is Rooted in Culture.

### Learning Extension 1: ‘What is Culture?’ Poster

- Brainstorm a list of words that describes ‘culture’
- Combine words or phrases to create a list that defines culture
- Write out why culture is important
- Using the list of words from the brainstorming, create a culture wordle ([www.wordle.net](http://www.wordle.net))
- Make two lists: ‘Culture is...’ and ‘Culture is important because...’ to compliment the wordle
- Display the ‘What is Culture?’ Poster (wordle and lists) throughout the program (*see example on page 2*).

### Learning Extension 2: Creating Home-Program Connections

- Think of the ways that your program currently collects authentic information from families to make home-program connections. Brainstorm new strategies and add them to the list (*see examples on page 3*).
- Try out a Home-Program Connection strategy from the list (*page 3*).
- After you try out the new connection strategy, reflect on your experience and discuss at a staff meeting...
  - How did it work?
  - Was it successful or does it need improvement?
  - Will you adopt it as a strategy? Why? Why not?
- If it was not successful, how can you modify it?





