

# Mumps Infographic (Text Version)

More than just swollen glands

## Mumps Can Be Dangerous

[Image: Head profile with brain and ear]

Before there was a vaccine, mumps was one of the most common causes of:

- Deafness and
- Meningitis (infection of the brain and spinal cord covering) in childhood.

Mumps can also lead to

- Encephalitis (swelling of the brain) in some children.

## Symptoms of Mumps

[Image: Young child with text and arrows pointing to various parts of the body]

- Fever
- Headaches
- Swollen glands under the ears or jaw
- Muscle aches

## Mumps Is Contagious

Here's how it's spread...

- Coughing and sneezing

[Image: Two people facing each other; one is coughing and sneezing, spraying particles]

- Touching objects or surfaces with unwashed hands

[Image: Particles on sippy cup and on hand touching the sippy cup]

## Measles in the United States

From year to year, mumps cases in the U.S. range from roughly a couple hundred to a couple thousand.

[Graphic: U.S. map covered with dots]

## Protect Your Child

The MMR vaccine protects against measles, mumps, and rubella. Doctors recommend that your child get two doses of MMR for best protection. Your child will need one dose at each of the following ages...

- Dose No. 1 at 12 through 15 months
- Dose No. 2 at 4 through 6 years

Immunization. Power to Protect.

Learn more at [www.cdc.gov/vaccines/parents](http://www.cdc.gov/vaccines/parents)

**Logos for the U.S. Centers for Disease Control and Prevention (CDC), American Academy of Pediatrics (AAP), and American Academy of Family Physicians (AAFP)**