Building Blocks is a framework for planning and providing individualized support and instruction to preschoolers with special needs within inclusive preschool classrooms and other early learning environments. The foundation of the framework is a quality early childhood program. The framework gives guidelines for assessing one's own program and making changes to create a quality program for all children.

Additional components of the framework are curriculum modifications, methods for embedding teaching and learning opportunities, and more explicit teaching practices. These three levels of support—curriculum modifications, embedding teaching and learning opportunities, and explicit teaching—are the heart of the framework. These methods, when implemented properly, are aimed at ensuring that children receive the attention and instruction they need. The framework is appropriate for toddler, preschool, and kindergarten classrooms.
<table>
<thead>
<tr>
<th>Modification type</th>
<th>Definition</th>
<th>Strategies</th>
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</table>
| Environmental support       | Altering the physical, social and temporal environment to promote participation, engagement, and learning | • Change the physical environment  
• Change the social environment  
• Change the temporal environment |
| Materials adaptation        | Modifying materials so that the child can participate as independently as possible | • Have materials or equipment in the optimal position (height, etc.)  
• Stabilize materials  
• Modify the response  
• Make the materials larger or brighter |
| Simplify the activity       | Simplifying a complicated task by breaking it into smaller parts or reducing the number of steps | • Break it down  
• Change or reduce the number of steps  
• Finish with success |
| Use child preferences       | If the child is not taking advantage of the available opportunities, identify and integrate the child’s preference | • Hold a favorite toy  
• Use a favorite activity  
• Use a favorite person |
| Special equipment           | Special or adaptive devices that allow a child to participate or increase a child’s level of participation | • Use special equipment to increase access  
• Use special equipment to increase participation |
| Adult support               | An adult intervenes to support the child’s participation and learning       | • Model  
• Join the child’s play  
• Use praise and encouragement |
| Peer support                | Utilizing peers to help children learn important objectives               | • Model  
• Helpers  
• Praise and encouragement |
| Invisible support           | A purposeful arrangement of naturally occurring events within one activity | • Sequence turns  
• Sequence activities within a curriculum area |
Embedded Learning Opportunities
Research Findings Related to Embedded Teaching and ELO

**Systematic review of the literature.**
Snyder et al., 2013

**Embedded instruction is effective for teaching a variety of valued skills to young children.**
Daugherty et al., 2001; Filla et al., 1999; Fox & Hanline, 1993; Grisham-Brown et al., 2000; Horn et al., 2000; Kohler et al., 1998; Kohler et al., 1997; Malmskog & McDonnell, 1999; Schwartz et al., 1996; Sewell et al., 1998; VanDerHeyden, et al., 2005; Venn et al., 1993; Wolery et al., 2002.

**A variety of instructional strategies have been embedded effectively.**
Daugherty et al., 2001; Filla et al., 1999; McBride & Schwartz, 2003; Sewell et al., 1998; Venn et al., 1993; Wolery et al., 2002.

**Embedded instruction seems to enhance generalization.**
Fox & Hanline, 1993; Losardo & Bricker, 1994; Wolery et al., 2002.

**Teachers assess embedded instruction favorably.**

**Teachers differ in the extent to which they can apply embedded instruction in their activities and classrooms.**

**Practice-based coaching improves teachers’ use of embedded instruction practices.**
Snyder et al., 2011

**Preservice teachers can learn and use embedded instruction in their field experience placements.**
Phillips & Halle, 2004; Sandall & Davis, 2004; Tate, Thompson & McKerchar, 2005.
REFERENCES


