MAKE-BELIEVE PLAY IDEAS

Make-believe play is a great way for children to use their imaginations and practice new skills. Use children’s everyday experiences (like going to the grocery store or the doctor’s office) to build a play scene. Try the following activity at home with your child to support their make-believe play. And remember—have fun!

1. THINK OF A MAKE-BELIEVE PLAY SCENARIO TO ACT OUT WITH YOUR CHILD.
   Tip: If your child is old enough, let them help you think of something to play! If they are younger, think of their favorite book and act out something from the story.

2. THINK OF THE DIFFERENT ROLES, OR CHARACTERS, YOU COULD PLAY.
   Tip: Let your child take the lead by letting him or her take on the more exciting role. For example, if you’re playing hospital, let the child be the doctor, and you be the patient.

3. THINK OF DIFFERENT PROPS YOU CAN USE WHILE YOU PLAY.
   Tip: Get creative! You can use toys that look like the real thing if you have them at home or you can use everyday objects or recyclables to make props. For example, you can play “hospital” with bandages, hand towels, or cut them out of a cereal box.

4. THINK OF WAYS YOU CAN EXTEND THE PLAY.
   Tip: If your child really likes playing out a certain scenario, think of different things you can pretend to do the next time you play. For example, if your child loves playing hospital, and you were the patient, maybe you could pretend that you’re going to the dentist or eye doctor next time!