**Know the Essentials**

- Positive nurturing relationships with caring adults are the key to the healthy development and learning of infants and toddlers.
- Families are the most important people in their child’s life.
- Primary caregiving is essential to building secure attachments with infants, toddlers, and their families.
- The way we build relationships with families can impact the way they build relationships with their children.

**Take a Deeper Look**

- Different families have different experiences based on their values and beliefs. What do you see as the family’s role in a young child’s life?
- How do you build a relationship with a new family and baby?
- How do you support families in building relationships with their children?

**Explore Resources**

  1. built a relationship with both Alecia and her children;
  2. supported Alecia in her role as her children’s parent and primary caregiver; and
  3. set the tone (made Alecia feel safe, etc.) in their relationship, allowing her to participate fully in the program.