

While You're Waiting.....

While you are waiting for the webinar to begin, please introduce yourself in the chat box:

- Tell us your name
- What is your current role, and
- How long have you been in this role?

Participation Note:
We love Wi-Fi, but for the best webinar experience, please make sure you are hardwired to an Ethernet cable.
Using Wi-Fi alone may result in problems with viewing the short videos we plan to share during this webinar.

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Supporting Positive Parent-Child Relationships

December 11, 2018

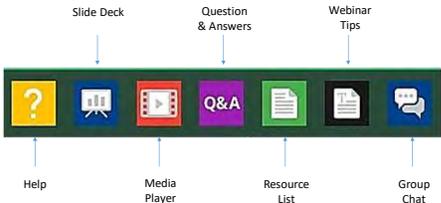
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New Webinar Features



Slide Deck Question & Answers Webinar Tips

Help Media Player Resource List Group Chat

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Session Objectives

At the end of this presentation, you should be able to:

- Recognize positive parent-child relationships and how they impact healthy child development
- Identify strategies home visitors can use to support parents' positive relationships with their child
- Identify ways to support parents through stressful parenting situations
- Review resources home visitors can use to support interactions and experiences that build positive parent-child relationships

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Session Agenda

Here's what we're doing today:

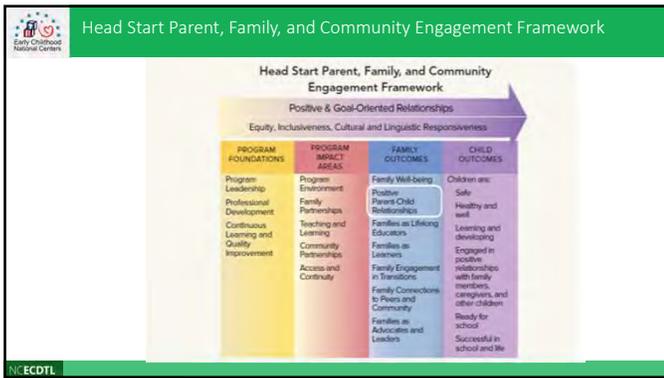
1. Positive parent-child relationships
2. Supporting parents' positive relationships with their child
3. Supporting parents when parenting is stressful
4. Resources

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Positive Parent-Child Relationships



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Chat

- What words or behaviors come to mind when you think about positive parent-child relationships?

A word cloud containing the following terms: Stable, Healthy, Love, Complicated, Loving, Close, Chaotic, Constant, Difficult, Inconsistent, Open, Supportive, Best, Strong, Tricky, Fun, Easy-going, Visible, One-sided, Incredibly, Different, and Frigid.

Characteristics of Positive Parent-Child Relationships

Sensitive, responsive and predictable

- Responsive to children's bids for attention
- Sensitive to children's interests, natural abilities and uniqueness
- Predictable and consistent

A photograph showing a woman sitting on the floor and reading a book to a young child who is sitting next to her. The child is looking at the book with interest.

 **The Science of Early Childhood**

- All children are born wired for feelings and ready to learn
- Early environments matter and nurturing relationships are essential

- *From Neurons to Neighborhoods: The Science of Early Childhood Development*



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 **Positive Parent-Child Interactions**



Remember that interactions may look quite distinct in different families.



 **Parent-Child Relationships and Child Outcomes**



- ✓ Emotional Well-being
- ✓ Coping Ability
- ✓ Problem-solving Skills
- ✓ Healthy Relationships



 Parent-Child Relationships and Child Outcomes

Parents' engagement in everyday learning activities helps them develop lifelong motivation, persistence, and love of learning (Dunst, Bruder, Trivette & Hamby, 2006).





 Parent-Child Relationships and Child Outcomes



In Early Head Start programs, stimulating play interactions between mothers or fathers and their children predicted children's fifth-grade math and reading abilities (Cook, Roggman, & Boyce, 2011).



 Children Learn Best with Secure, Warm Relationships



Affection
Responsiveness
Encouragement
Teaching
Play/Fun



Relationship-Based Competencies (RBCs)



RBC #4:
Parent-Child Relationships and Families as Lifelong Educators: Partners with families to build strong parent-child relationships and supports parents as the first and lifelong educators of their children.

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Definition: Relationship-Based Competency

A set of knowledge, skills, individual practices, and other characteristics, including attributes, behaviors, and actions, that are necessary to be effective in one's family engagement work.



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New and Updated RBCs



All Early Childhood Professionals: Overview for Early Childhood Professionals

- Family Services Professionals:** A Guide for Early Childhood Professionals Who Work with Families
- Teachers and Child Care Providers:** A Guide for Early Childhood Professionals Who Work with Children in Group Settings
- Home Visitors:** A Guide for Early Childhood Professionals Who Make Home Visits

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Strategies to support positive parent-child relationships



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Home Visitor Strategies



- Observe & Highlight
- Prompt
- Ask
- Offer Information
- Recording

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Home Visiting

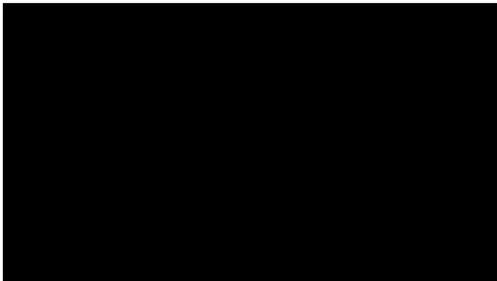


Home Visits = Strategy
Socializations = Strategy

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Early Childhood National Centers

Early Head Start Home Visit



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Family Engagement



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Supporting Parent-Child Relationships

Parent-Child Relationships

Caring and responsive parent-child relationships help children to thrive in school and in life.

Why are strong parent-child relationships important?

- Increase school readiness and success
- Support healthy brain development
- Help children learn to problem-solve, cope, and manage emotions



What can you do?

Early childhood professionals can promote parent-child partnerships by warmly, openly and respectfully support and respect the child and family.

- VALUE**
Warmly welcome all parents who learn and arrive.
- RESPECT**
Ask if they to connect and don't do this if it is not helpful. Don't ask for things to do that are a lot of things to do with Mom & Dad the child.
- SUPPORT**
You know what's best. We'd like to learn more from you about this.

Engaging with families in meaningful ways can lead to better outcomes for children and families.

For more information about this resource, please contact us: 2025@nccdc.org | 1-866-763-4487

This resource was developed by the National Center on Parent, Family and Community Engagement (NCPFCE) in partnership with the National Center on Early Childhood Development (NCECD) and the National Center on Early Childhood Education (NCECE). It is a product of the National Center on Parent, Family and Community Engagement (NCPFCE) and is not intended to be used without permission.

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Value

Value – Nurture Relationships

Actions	Examples
Ask about a family's dreams, hopes, and traditions	"I'd like to learn more about your family so I can be as supportive as possible. Can you tell me what is important to you and your family?"
Reinforce parent-child relationships	"Miralda turns her head toward your voice whenever you speak. She is really connected to you."
Observe children's behavior and share descriptions with parents	"I noticed that Oliver really enjoys playing with those plastic containers and lids. What a great idea you had to clear that cabinet out so he can play with them safely. He really loves that!"
Notice and reinforce warm responsive relationships	"I noticed Sarah gave her baby brother a stuffed toy when he was getting fussy when I first arrived. She's trying to comfort him like you do."

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Support

Support – Partner with Families

Activities	Examples
Join with families to help their children develop skills for success in school	"Li is really changing every week I visit! She's starting to roll on her side and reach for toys nearby. What else are you seeing her starting to do this week?"
Connect families with the learning process	"It looks like Mohammed is trying to hold more than one block in each hand. He is so focused. Have you seen him practicing this at other times?"
Encourage families to join in group socializations and other program events	"I know that George is very interested in fire engines. The theme of our socialization this week is community helpers. We will be doing activities based on community helpers including firefighters if you want to join us. George might enjoy learning more about what firefighters do and how they use their fire engines. You can also meet some other parents in the neighborhood."

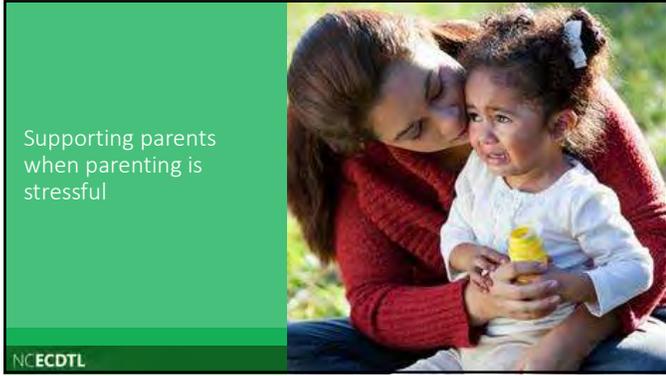
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Respect

Respect – Hold Families in High Regard

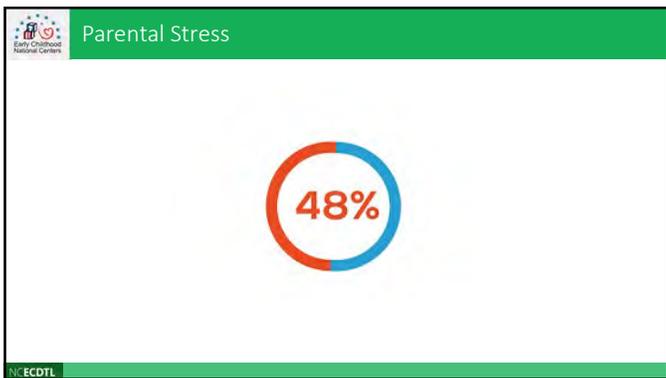
Activities	Examples
Engage families through mutually respectful and flexible interactions. Make intentional efforts to understand and respect their culture and language.	"I noticed that you have a basket by the door with shoes in it and that you and others in the household do not wear shoes in the living area, would you like me to remove my shoes when I arrive for our visits?"
Be respectful of all family structures, including families with parents who identify as lesbian, gay, bisexual, or transgender.	"I noticed that Liam is really interested in playing pretend family in his play area so I brought some books from the public library down the street about all kinds of families. These books include families with two dads or two moms, and some with grandparents and other extended family. That way, as he talks about families he can see his own family structure represented in the stories."
Respect diverse parenting styles and ask about parenting choices.	"I know that one of your goals is to get Sarah on a regular bedtime routine. Tell me about what you'd like that to look like and we can strategize together about what might help."

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 Home Visitors Can:

- Respect diverse parenting styles
- Value cultural differences and home languages





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 Home Visitors Can:



- Provide emotional and concrete support to parents
- Help parents connect with other parents and community members and resources
- Reinforce the importance of fathers and other coparents
- Model warm, responsive relationships by engaging in these relationships with parents and other family members



 Stress Reducing Strategies

- Connect
- Exercise
- Take a Break
- Have Fun with Your Child
- Daily Routine
- Mindfulness
- Ask for Support!





Connection to Community Resources

- Families may benefit from other community support such as:
 - Health and mental health providers
 - Nutritional guidance
 - Parenting education
 - Financial literacy
 - Education, enrichment, job training, and employment, or
 - Referral to other community partner(s) as a family's strengths or needs may dictate.



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Parenting Education

Parenting Curriculum Database
<https://eclkc.ohs.acf.hhs.gov/parenting/article/parenting-curricula-review-databases>



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Resources



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 Questions?









For more information, please contact us at ecdtl@ecetta.info or call (toll-free)
1-844-261-3752