

Sharing Special Topic Books with Children

Head Start Innovation and Improvement Grant
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Activity

Think about some special topic books you have come across either as a parent or in your work setting.

- With a partner think of the names of some of these books.
- Name the problem or issue the book focused on.
- List any potential drawbacks or concerns.

Promoting Social Emotional Competence



Children will be successful when they:

- Have a sense of confidence and competence
- Have the ability to develop good relationships with peers and adults/make friends/get along with others
- Have the ability to persist at tasks
- Have the ability to follow directions
- Have the ability to identify, understand and communicate own feelings/emotions
- Have the ability to constructively manage strong emotions
- Develop empathy

Emotional Literacy

Emotional literacy is defined as having the ability to identify, understand, and express emotions in a healthy way.

Children with a strong foundation in emotional literacy:

- Tolerate frustration better
- Get into fewer fights
- Engage in less destructive behavior
- Are healthier
- Are less lonely
- Are less impulsive
- Are more focused
- Have greater academic achievement

Special Topic Books

“In times of trauma and stress, books and stories can buttress children’s self-concept, cultivating self-worth and calming the storm.”

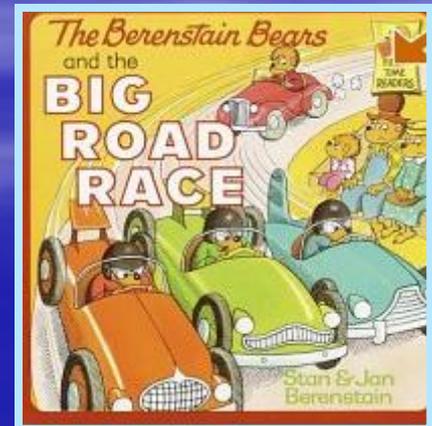
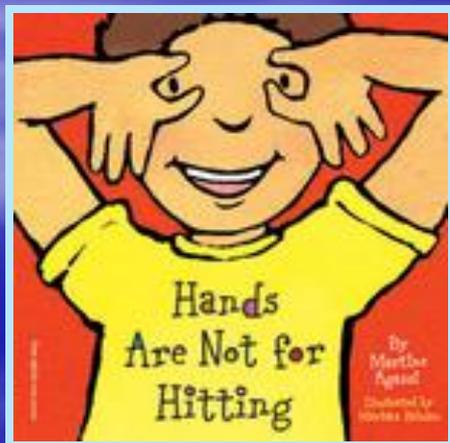
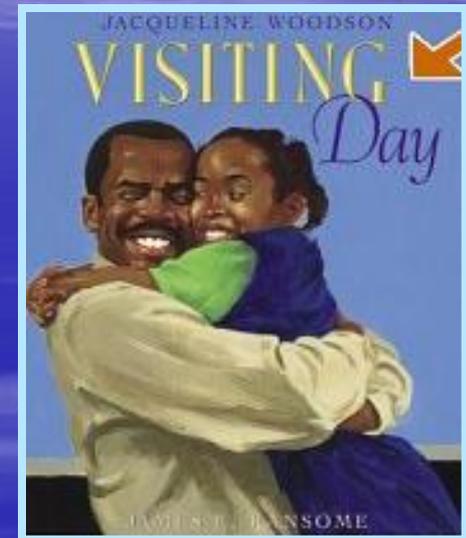
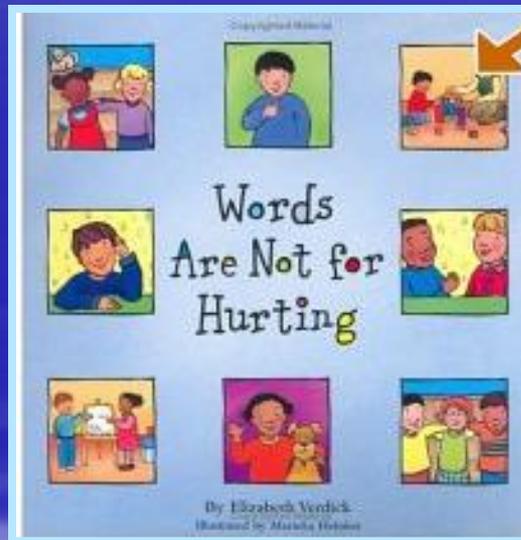
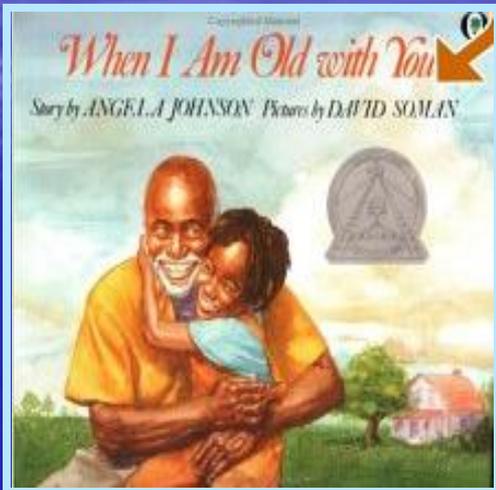
Dr. Dale Elizabeth Pehrsson, Oregon State University.

Bibliotherapy

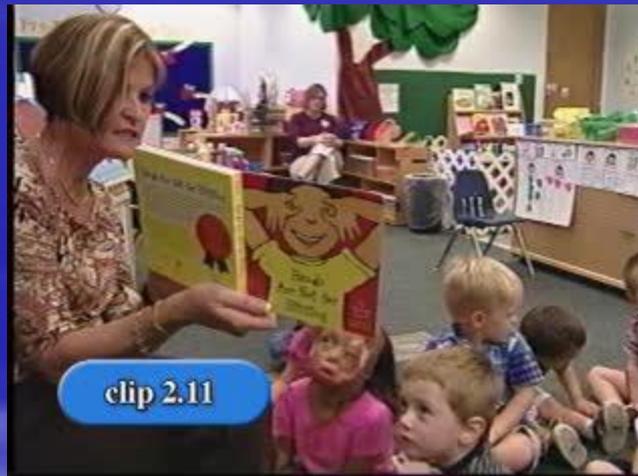
“Bibliotherapy, a term used to define the use of special topic books with children, can enhance personal insight, suggest alternatives, diminish isolation, clarify values, stimulate discussion, foster empathy and nurture ethnic identity and pride, according to Pehrsson. It can be applied to an “astounding” range of problems: Aggressiveness, adoption, addiction, grief, depression, nightmares and homelessness are just a few.”

(Source: <http://oregonstate.edu/terra/features/stories-heal.php?page=3>)

Special Topic Books



Hands Are not for Hitting



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