



Technical and Adaptive Solutions

These are the most important challenges our team is facing, possible technical and adaptive solutions for each one, and ideas for helping people reset.

(Remember that not every challenge will have both technical and adaptive aspects.)

Challenge	Possible Technical Solutions	Possible Adaptive Solutions	Reset Ideas
Example: Members of my team do not attend meetings regularly.	Send a reminder; ensure all are clear about meeting dates & times, use Survey Monkey to pick a time that works for all	Ask members why they are not attending	Create opportunities for conversations about why members are not attending - might learn that meetings are boring, or progress not being made

To overcome challenges, you will need to use either a technical or adaptive approach, depending on the type of challenge you are facing.

Many challenges can be addressed by both technical and adaptive solutions. As a leader, there will be times when you will need to move to technical work to keep people from feeling overwhelmed and to adaptive work when you need to increase the urgency.