

**Special Supplemental Nutrition Program for Women, Infants and Children (WIC) and
Child and Adult Care Food Program (CACFP)
and
Head Start and Child Care and Development Fund (CCDF)**

Partners in Promoting Health and Nutrition for Young Children and Families



Sarah Widor
Director, Supplemental Food Programs Division (SFPD)
Sarah Cannon, SFPD and Rachel Polon, CACFP
Food and Nutrition Service, USDA

Shannon Christian
Director, Office of Child Care (OCC)
Tatiana Tucker, OCC
Administration for Children and Families, HHS

Marco Beltran and Patrice Pascual
Office of Head Start (OHS)
Administration for Children and Families, HHS

Webinar Outline

- **History and Background of Collaboration**

- **Program Overview**
 - Special Supplemental Nutrition Program for Women, Infants and Children (WIC)
 - Child and Adult Care Food Program (CACFP)
 - Head Start
 - Child Care and Development Fund (CCDF)

- **Memorandum of Understanding**
 - Areas of Collaboration

- **“Next Steps”/Future initiatives**

History and Background

➤ **1994 Interagency Agreement**

➤ **Renewed Partnership through MOU**

- MOU Released, December 2017
- Agreement between:
 - Special Supplemental Nutrition Program for Women, Infants and Children (WIC) and Child and Adult Care Food Program (CACFP) at the Food and Nutrition Service, USDA
 - Head Start (HS) and Child Care and Development Fund (CCDF) at the Administration for Children and Families (ACF), HHS

➤ **Working together in the pursuit of shared goals:**

- Promote positive health and nutrition status for young families
- Provide access to nutritious foods
- Provide health and nutrition education
- Assistance in accessing preventative health care

PROGRAM OVERVIEW

Special Supplemental Nutrition Program for Women, Infants and Children (WIC)





- **WIC Mission: To Safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care**
- **Administered at the Federal level, USDA/FNS**
- **Program Delivery**

Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

➤ WIC Target Population

- Women
 - Pregnant (during pregnancy and up to 6 weeks after the birth of an infant or the end of the pregnancy)
 - Postpartum (up to six months after the birth of the infant or the end of the pregnancy)
 - Breastfeeding (up to the infant's first birthday)
- Infants up to their first birthday
- Children up to their 5th birthday



➤ WIC Eligibility Requirements

- Determined at nutritional risk
- Family income at or below 185% of the U.S. Poverty Income Guidelines
- Be a resident of the State in which they apply



Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

➤ WIC Benefits

- Food Package
 - Based on nutrition science and dietary recommendations
- Nutrition Education
- Breastfeeding Promotion
- Healthcare Referrals



WIC Resources

- **WIC Works Resource System: Online Education and Training Center (<https://wicworks.fns.usda.gov/>)**
 - Child Nutrition and Health, My Plate, Developing Nutrition Education, Stages of Development, etc.
 - Books, Brochures, Kits, Videos, Posters, etc.
 - Access to other resources
 - Value Enhanced Nutrition Assessment (VENA), WIC Breastfeeding Basics, Interpersonal Communication: Listening Skills, WIC 101
 - WIC Learning Online

- **Breastfeeding Promotion and Support (lovingupport.fns.usda.gov)**



Child and Adult Care Food Program (CACFP)





- **CACFP Mission: CACFP provides aid to child and adult care institutions and family or group day care homes for the provision of nutritious foods that contribute to the wellness, healthy growth, and development of young children, and the health and wellness of older adults and chronically impaired disabled persons**
- **Established in 1968 as a program for child care centers (only)**
- **Administered at the Federal level, USDA/FNS**

Child and Adult Care Food Program (CACFP)

➤ Target Population

- Infants and children in child care
- School aged children in after-school programs
- Older adults in adult day care
- Adults of any age with a disability, in adult day care

➤ Participation

- > 4.2 million children
- ~130,000 adults



➤ Meals

- Up to two meals and one snack per day, or two snacks and one meal per day
- Meals can be breakfast, lunch or supper
- Enhanced focus on nutrition, with updated meal patterns implemented in 2017

CACFP Resources

- **Management Improvement (funds management, program oversight, and integrity):**
<https://www.fns.usda.gov/cacfp/management-improvement>
- **Team Nutrition (recipes, nutrition-related fact sheets and training tools):** <https://www.fns.usda.gov/tn/team-nutrition>
- **Policy:** <https://www.fns.usda.gov/cacfp/policy>
- **Program Guides:** <https://www.fns.usda.gov/cacfp/cacfp-handbooks>



HEAD START

Administration for Children and Families
Department of Health and Human Services



Head Start History



Project Head Start, launched as an eight-week summer program by the Office of Economic Opportunity in **1965**, was designed to help break the cycle of poverty by providing preschool-aged children in low-income families with a comprehensive program to meet their emotional, social, health, nutritional, and psychological needs.



PURPOSE OF HEAD START & EARLY HEAD START



To promote the school readiness of low income children by enhancing their cognitive, social and emotional development –

- in a learning environment that supports children's growth in language, literacy, mathematics, science, social and emotional functioning, creative arts, physical skills, and approaches to learning and
- through the provision of health, educational, nutritional, social and other services that are determined, based on family needs assessments, to be necessary.

SOURCE: [HEAD START ACT](#) Sec. 636. [42 U.S.C. 9831] as revised in 2007



Early Head Start

- Added to the Head Start Act in 1995 to “provide family-centered services for low-income families with very young children designed to promote the development of the children and to enable their parents to fulfill their roles as parents and to move toward self sufficiency”



Head Start and Early Head Start Snapshot: 2016-2017

- **1,071,000 children** from **birth to age 5** including **pregnant women** received Head Start services.
- In addition to education services, Head Start programs provide children and their families with **health, nutrition, social-emotional, and family services**.
- **1,600** grantees nationwide including the territories.
- Head Start offers center-based, family child care, and home visiting programs.



American Indians and Alaska Natives

- 154 federally recognized Tribal and Alaska Native entities participate in Head Start
- 24,726 children
- 26 states including Alaska



Migrant and Seasonal Head Start



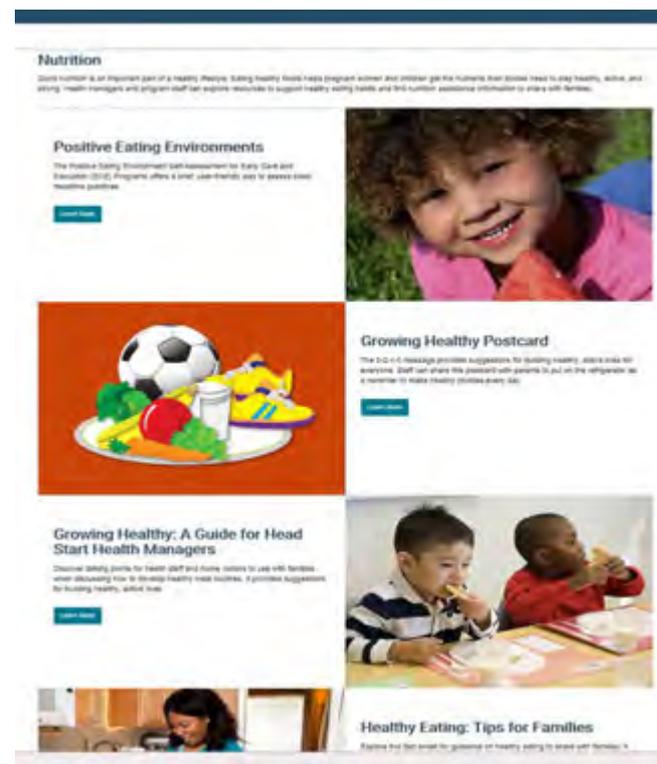
- Families migrate due to agricultural work
- 28,342 children
- Birth to age 5
- 38 states
- Full-day/part-year
- 5-7 days/week



Head Start Early Childhood Learning and Knowledge Center (ECLKC)



<https://eclkc.ohs.acf.hhs.gov/>



<https://eclkc.ohs.acf.hhs.gov/nutrition>





U.S. Department of Health & Human Services

Administration for Children & Families



Office of Child Care

Child Care and Development Fund (CCDF) Overview



U.S. Department of Health & Human Services

Administration for Children & Families

Office of Child Care



- Office of Child Care (OCC) supports low-income working families by improving access to affordable, high-quality early care and afterschool programs.
- OCC administers the Child Care and Development Fund (CCDF) - a block grant to state, territory and tribal governments that provides support for children and their families with paying for child care that will fit their needs and that will prepare children to succeed in school.



About CCDF

- 1.4 million children each month receive financial assistance for child care through CCDF. Combined with TANF and other sources a total estimated 2.3 million children are served.
- Of children served by CCDF, 28% infants and toddlers, 28% preschoolers, 10% kindergarten-aged, and 26% school-aged.
- Half of families served are below the poverty level; a fourth are near poor with incomes between 100-150% FPL.



U.S. Department of Health & Human Services

Administration for Children & Families

Office of Child Care



On November 19, 2014 the Child Care and Development Block Grant (CCDBG) Act was signed into law and the final rule was released on September 20, 2016

The law reauthorized the Child Care and Development Fund (CCDF) Program

- CCDBG Act of 2014



Reauthorization
Overview
Addresses the
Law in 4 major
topical areas:

Protect the **health
and safety** of
children in child
care

Help parents make
informed **consumer
choices and access
information** to
support child
development

Provide **equal
access** to stable,
high quality child
care for low-income
children

**Enhance the
quality** of child care
and the early
childhood
workforce

Memorandum of Understanding

- **Specific areas of collaboration as highlighted in the MOU:**
 - Nutrition Services
 - Nutrition Education
 - Shared Information
 - Display of Information
 - Other Health Care Services and Referrals
 - Grant Opportunities and Referrals
 - Staff Training
 - Volunteer Services



Memorandum of Understanding

➤ **Establishing and Renewing Collaborations**

- Learn about each program
- Formal agreements
- Explore linkages
- Discuss procedures for “Best Practices”
- Examine the need for flexibility and a realistic approach to collaborating



“Next Steps” and Future Initiatives

➤ **Technical Assistance**

- FNS and ACF Regional Offices

➤ **Joint Resources**

➤ **Webinars**

- “Best Practices”, resources, challenges and solutions, highlighting ongoing regional State, and local collaborations, etc.
- Topics and dates of webinars will be communicated through each agency’s organizational structure

Program and Contact Information

➤ Food and Nutrition Service

- FNS WIC and CACFP Website

www.fns.usda.gov/wic

<https://www.fns.usda.gov/cacfp/child-and-adult-care-food-program>

- FNS Regional Offices (FNS Agency Contact Information)

<https://www.fns.usda.gov/fns-regional-offices>

- WIC State Agencies

<https://www.fns.usda.gov/wic/contacts>

- CACFP State Agencies

<https://www.fns.usda.gov/cacfp/cacfp-contacts>

Program and Contact Information

➤ Administration for Children and Families

Office of Head Start

- OHS Website
<https://eclkc.ohs.acf.hhs.gov/>
- Head Start Collaboration Offices by State
<https://eclkc.ohs.acf.hhs.gov/programs/head-start-collaboration-offices-state>
- Locate a Head Start Program
<https://eclkc.ohs.acf.hhs.gov/center-locator>

Office of Child Care

- OCC Website
<https://www.acf.hhs.gov/occ>
- OCC Contacts (Federal, State and Tribal Government)
<https://www.acf.hhs.gov/occ/contacts>

Shannon Christian, Director
Office of Child Care



THANK YOU FOR YOUR PARTICIPATION

QUESTIONS?