While You’re Waiting............

While you are waiting for the webinar to begin, please introduce yourself in the chat box:

• Tell us your name
• What is your current role, and
• How long have you been in this role?

Participation Note:
We love Wi-Fi, but for the best webinar experience, please make sure you are hardwired to an Ethernet cable. Using Wi-Fi alone may result in problems with viewing the short videos we plan to share during this webinar.

Facilitating Parent-Child Interaction in Home-Based Programs

April 9, 2019

Presenters:
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Webinar Features

Help Media Player Resource List Webinar Tips

Q&A Question & Answers Group Chat

Closed Captioning (English & Spanish)
Session Objectives

At the end of this presentation, you should be able to:

- Understand the importance of secure parent-child relationships and interactions for healthy child development
- Explore how home visitors can provide both emotional support and concrete strategies to promote secure parent-child relationships and positive interactions
- Review resources, including video, to support effective home visiting practices
Rapid Brain Growth in Early Years of Life

Percentage of Adult Volume

<table>
<thead>
<tr>
<th></th>
<th>Birth</th>
<th>1 year</th>
<th>5 years</th>
<th>10 years</th>
<th>18 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volume</td>
<td>25%</td>
<td>75%</td>
<td>90%</td>
<td>95%</td>
<td>100%</td>
</tr>
</tbody>
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Neural connections grow stronger with experience over time.

Over the course of childhood, we build our brains.

Our experiences, and the frequency of those experiences influence how our brains are wired.
Poll Question

What do you think is the most important component to positive relationships and learning in the home? (select one)

Options:
- Responsive Adults
- Safe and Welcoming Atmosphere
- Supporting Autonomy
- Engaging, not Overwhelming Materials

And the answer is...

- Engaging, not Overwhelming Materials
- Supporting Autonomy
- Safe and Welcoming Atmosphere
- Responsive Adults

Back-and-Forth, Responsive Interactions
Access to Responsive Adults Builds Resilience to Stress

Born to Interact—Poll

Children Learn Through Nurturing Relationships
Effective strategies to promote positive parent-child relationships and interactions

Home Visiting

Home Visits = Strategy
Socializations = Strategy

In the chat box:
List some effective home visiting practices that you use with parents.
Effective Home Visiting Practices

- Establishing a positive relationship with the parent, child, and other participating family members;
- Responding to each family's unique strengths and culture;
- Facilitating developmentally supportive parent-child interactions; and
- Establishing a collaborative partnership with the parent to support the child’s ongoing development.

Establishing a positive relationship with the parent, child, and other participating family members

- Show warmth and acceptance
- Show respect and courtesy
- Be flexible and open to other points of view
- Be supportive and “meet families where they are”
- Show cultural humility
- Use active listening skills

Facilitating Developmentally Supportive Parent-Child Interaction

- Hand the material to the parents
- Ask the parent what they observe the child doing, during the activity
- Comment positively on what the parent is doing during the activity
- Comment on the child’s development
- Ask about the child’s development
- Plan activities together (joint visit planning)
- Use video-taping of parent-child interaction and have parents observe and comment on what they see
Facilitating Developmentally Supportive Parent-Child Interaction

The home visitor may bring some materials to do a planned activity, but using materials found in the home as often as possible means the family may repeat the activity during the week.

Support parents in using daily routines and chores as learning opportunities.

What effective practices do you see the home visitor using?

Effective Home Visiting Practice
Establishing a Collaborative Partnership With The Parent

Support collaboration by:
• planning jointly
• reflect on how well the activity went together
• asking parents what they observe and what they think will happen next
• listen to parents before sharing your own approach

Home Visitors Can:
• Provide emotional and concrete support to parents
• Help parents connect with other parents and community members and resources
• Reinforce the importance of fathers and other co-parents
• Model warm, responsive relationships by engaging in these relationships with parents and other family members

Resources for home visitors to use to support effective practice
The purpose of effective (home visiting) practices is to support positive child outcomes.

The purpose of coaching is to support implementation of effective practices, and thus to support positive child outcomes.

Practice-Based Coaching (PBC)

PBC focuses on effective practices that occur in the classroom, family child care setting, and during home visits or group socializations.

Using Video As A Tool

Video can be used as an alternative and/or enhancement to focused observation.

Video serves as an opportunity to:
- See an objective view of events
- Have a visual example of home visitor practices
- View interactions multiple times
Video: Establishing a Positive Relationship with the Family

Relationship-Based Competencies (RBCs)

RBC #4: Parent-Child Relationships and Families as Lifelong Educators: Partners with families to build strong parent-child relationships and supports parents as the first and lifelong educators of their children.

Effective Practice Guides

OpenDoors Home Visitor’s and Supervisor’s Handbooks


Professional Development Specific to Home Visiting

• The Institute’s Custom Professional Development Platform was released Nov. 2017
  • Suite of online professional development for home visitors across the country
  • Modules for home visitors supporting immigrant and dual language learning families were added Dec. 2017
  • Cultural humility and cultural competence
  • Preservation of home languages and dialects
  • Hidden aspects of culture

• Spring 2018: Home Visiting Competencies were released

• Oct. 31, 2018: My Career Compass will be available
  • Personalized learning map – assess current knowledge and identify a pathway to desired skills

MyPeers Home Visiting Community

http://www.123contactform.com/form-2230355/My-Peers
Interactive Curriculum Consumer Report
Updated and Available on the ECLKC!

Features
Easily accessed from your computer or any mobile device, this interactive report allows you to:
• Search for a review of a specific curriculum
• Search by a specific criterion to see how various curricula rate based on that criterion
• Compare reviews and ratings for two curricula at a time
• View ratings for all curricula at-a-glance
• Print reviews and ratings for specific curricula
• Print a PDF of reviews and ratings for all curricula by type (e.g. home-based)

Home Visitor e-Institute
May 28–31, 2019

Leave the Bag Challenge!
• Use home visitors of the country in two ways on the “Leave the Bag Challenge”!
- Log in to the ECLKC account at one and register:
  - https://eclkc.ohs.acf.hhs.gov
- Similar to the previous e-learning session, you can access the Introduction and Professional Development Module on the ECLKC (free), and sessions 1 and 2.
- Each session can be reviewed in 10 minutes or less. The sessions are designed to target four skills that home visitors can use to support parents and see more observational tools in the home.
  - Contact: welcome@eclkc.org or (844) 330-6072

Additional Resources
• Father engagement video from the Ad Council: https://youtu.be/jOwu0Hfmlk
• Make the Most of Playtime: http://csefel.vanderbilt.edu/documents/make_the_most_of_playtime2.pdf - designed for families. Home Visitors could share with families
Additional Resources

- Home Visiting Series: Relationship-Based Competencies for Home Visitors: https://mpeers.mangoapps.com/internarPages/19536/HN

Questions?

For more information, please contact us at edtl@ecetta.info or call (toll-free) 1-844-261-3752