



Social Narratives (SN) ---Parent's Guide---

This introduction provides basic information about social narratives.

What are SN?

- Social narratives are an evidence-based practice for child and youth with autism spectrum disorder (ASD) from 3 to 22 years old.
- Social narratives describe social situations to learners with ASD by providing information about the thoughts or feelings of others and describing what is expected in the social situation.
- You might have heard social narratives called: Social Stories™, Social Articles™, Cartooning, Comic Strip Conversations™, Power Cards, or Social Autopsies.

Why use SN with my child?

- Social narratives help learners with ASD understand social situations and what is expected of them in the social situation.
- Skills and behaviors that can be addressed using social narratives include:
 - Making choices
 - Increasing social interactions
 - Decreasing problematic behaviors
 - Increasing on-task behaviors
 - Playing with peers

What activities can I do at home?

- Use simple line drawings to talk with your child about what others might be thinking in a situation.
- Write down two or three clear rules or expectations you have for your child for a certain situation. Place these rules on a small card with a picture of your child's favorite character or interest. Review the rules with your child and reference them when needed.

This parent introduction to SN was designed as a supplemental resource to help answer basic questions about this practice.

To find out more about how SN is used with your child, speak with:

For more information visit:
www.afirm.fpg.unc.edu