#HeadStartHeals Campaign

Supporting Families Impacted by Substance Use Disorders

May 21, 2020
1:00- 2:00 pm EST

Promoting empathy through trauma-informed and healing focused practices
#HeadStartHeals

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Welcome

Please use the left side bar to ask questions, submit comments, or download handouts.

- Ask a Question
  - Total Answered Questions: 0
- Event Resources

Ask your questions and submit your comments here.

Download handouts from Event Resources.
Commonly asked questions

How is covid impacting families impacted by substance use?

Has there been anything that’s surprised you during this time that’s been positive or unexpected?

How can early childhood professionals virtually support families given the increased challenges?

Are there strategies that you can share to reduce stigma related to substance use disorder?

Do you have any tips or strategies for families when staff might be concerned about substance use?
Resources on Substance Use

• *Head Start and the Opioid Crisis Video Series*

• *Substance Use and Recovery*
  https://eclkc.ohs.acf.hhs.gov/mental-health/article/substance-use-disorder-recovery

• *Making the Connection: Trauma and Substance Abuse*
Resources on Substance Use

• **Resources for Families Coping with Mental Health and Substance Use Disorders**
  https://www.samhsa.gov/families

• **Supporting Families Affected by Opioids**
  https://ncsacw.samhsa.gov/topics/supporting-families-affected-opioids.aspx

• **Sesame Street: Parental Addiction**
  https://sesamestreetincommunities.org/topics/parental-addiction/

This is the whole Substance use and recovery page. We can link to this page or to other pages or resources within this page?
National Hotlines

- If you or someone you know is experiencing negative mental health effects and need more immediate assistance, please reach out to SAMHSA’s [Disaster Distress Helpline](tel:1-800-985-5990) (1-800-985-5990) or the [National Suicide Prevention Lifeline](tel:1-800-273-TALK) (1-800-273-TALK). Both are available 24/7, 365 days a year.

- **24 Hour Parent Support**
  National Parent Helpline for Parent Support any time
  1-855- 4A PARENT • 1-855-427-2736

- **Domestic Violence**
  The National Domestic Violence Hotline is 1-800-799-SAFE (7233) or thehotline.org.
National Hotlines

StrongHearts Native Helpline at 1-844-7NATIVE (762-8483) or strongheartshelpline.org.

- **Child Abuse and Neglect**
  The Childhelp National Child Abuse Hotline is 1-800-4A-CHILD (422-4453) or childhelp.org/childhelp-hotline.

- **Substance Use**
  Alcoholics Anonymous Number – **1-212-870-3400**
  National Association for Children of Alcoholics – **1-888-554-COAS (2627)**
  National Institute on Drug Abuse (NIDA) – **1-301-443-1124**
MyPeers Communities

MyPeers.org offers:

- Open communities including: Mental Health, Opioid Misuse and Substance Use Disorders; Staff Wellness;
- Knowledge base - Q&A, Forums, Polling, File sharing, Calendars, Events, Tasks, Wikis
- Communication tools – Group Chat, Instant Message, and internal email
- Robust search engine
- Social Network style feeds
Office of Head Start
#HeadStartHeals campaign

Office Hours coming up:
5/21, 1–2 p.m. ET – Supporting Families Impacted by Substance Use
5/28, 3–4 p.m. ET – Family Engagement and Child Welfare
6/30, 3–4 p.m. ET – Behavior Has Meaning

Webinars coming up:
6/11, 3–4 p.m. ET – Preparing for Challenging Conversations with Families
Email: trauma@eclkc.info

Website: https://eclkc.ohs.acf.hhs.gov/